





A guide to Randolph County services for young children and their families



### The Randolph County Partnership for Children:

- Is a group of business, religious, community leaders, parents, teachers, and human service providers dedicated to improving the lives of our county's young children;
- Is a catalyst for bringing together diverse interests to help develop solutions;
- Provides funding and support for programs specially selected to meet the Partnership's early education and care health, and family support goals.

To learn more about the Randolph County Partnership for Children, call our office at **336-629-2128** or visit our website at: www.randolphkids.org

## **SMART START**

- Is a comprehensive public-private initiative launched in 1993 to ensure all children enter school healthy and ready to succeed;
- Helps young children and families by bringing together and strengthening existing resources.

### With Smart Start:

- Children are better prepared for school;
- Child care quality has improved;
- Early educators are better educated;
- Early educator turnover has been reduced;
- Children are healthier;
- Parents are better informed and have more resources;
- Communities are involved in planning and advocating for the needs of their children.

Agencies listed in this Guide that have programs funded by the Partnership are identified with the Smart Start logo.



- Using the **Table of Contents**, find the section heading that contains the information you need.
- Read the questions in that section to decide which phone number you should call for the service you need. Sometimes, a large organization may have several departments that offer different services (e.g. the Health Department). Each department may have a different phone number or address.
- Bilingual materials and interpreters. Some programs offer applications, brochures, or other written materials in Spanish. In some cases, an interpreter can be contacted for assistance. Programs that offer someone on staff who speaks Spanish or provide bilingual materials are noted.
- Once you find the information that you need, call the listed phone number, or visit the office of the organization at the address that is provided.

<u>This Guide was updated in January 2018</u>. If you have problems finding the information you need, or if you need information that is not listed in this Guide, please call the Partnership at 336-629-2128.

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## ADOPTION FOSTER CARE CHILD SUPPORT

### Who can I call about adopting a child or caring for a foster child?

### **Randolph County Department of Social Services**

**336-683-8062** • 1512 N. Fayetteville St., Asheboro, NC 8 am-5 pm, Monday-Friday

Offers information on and assistance with adoption and foster care and becoming a licensed foster home.

### **Children's Home Society of North Carolina**

1-800-632-1400 • P.O. Box 14608, 604 Meadows St., Greensboro,

NC, 8:30 am-5 pm, Monday-Friday

Offers information on adoption and foster care placement and post-adoption counseling, parenting education, and pregnancy support services. Offers resource materials in Spanish.

## Who can I call to get help with child support?

### **Child Support Enforcement Agency**

**336-318-6722** • 355 S. Fayetteville Street, Asheboro, NC www.ncchildsupport.com

Provides child support services to the public. Program offers resource materials in Spanish and has Spanish-speaking staff.

## ADULT EDUCATION JOB TRAINING

## Who can I call if I know someone who wants to learn English?

### Randolph Community College (RCC)

336-633-0152 - 629 Industrial Park Ave., Asheboro, NC

### www.randolph.edu

English for Speakers of Other Language (ESOL) classes. Program offers resource materials in Spanish and has Spanish-speaking staff.

# Who can I call if I know someone who wants to learn how to read?

### Randolph Community College (RCC)

336-633-0107 - 629 Industrial Park Ave., Asheboro, NC

### www.randolph.edu

RCC offers adult reading classes. Program also offers resource materials in Spanish and has Spanish-speaking staff.

## Who can I call if I want to graduate from high school?

### Randolph Community College (RCC)

**336-633-0106 =** 629 Industrial Park Ave., Asheboro, NC www.randolph.edu

RCC offers adult high school diploma and GED courses. Program also offers resource materials in Spanish and has Spanish-speaking personnel on staff. **Note:** If you have children ages 0-4, you can call the Early Childhood Development Center at 336-672-6730 to ask about their GED and ESL classes.

## Who can I call if I need a job or job training?

### **Randolph County Department of Social Services**

336-683-8000 • 1512 N. Fayetteville St., Asheboro, NC,

8 am-5 pm, Monday-Friday

Call for eligibility information. Work First Family Assistance is for parents needing short-term financial assistance while searching for employment. Program offers resource material in Spanish and has Spanish-speaking staff.

### NC Works Career Center – Randolph County

**336-625-5128** • 600 S. Fayetteville St., Asheboro, NC www.ncworks.gov

Offers assistance to people looking for work and help with filing for unemployment.

### NC Division of Vocational Rehabilitation Services

336-629-1040 • 958 S. Park St., Asheboro, NC

8 am-5 pm, Monday-Friday

### www.ncdhhs.gov/dvrs

Provides links to employment training and employment placement services to individuals who were previously unable to work due to an illness, an injury, or a disability. Program offers resource materials in Spanish.

### Randolph Community College (RCC)

**336-633-0200 •** 629 Industrial Park Ave., Asheboro, NC **336-328-1759 •**100 Hilliary St., Randleman, NC **336-328-1750 •**110 Park Dr., Archdale, NC www.randolph.edu

Human Resource Development and Continuing Education programs offer non-credit courses (many of which are free) that teach new vocational skills and prepare individuals to enter or re-enter the workforce. Offers basic and advanced computer skill classes, English for Speakers of Other Languages (ESOL).

### **Randolph County Goodwill Career Services**

336-610-0400 • 1064 East Dixie Dr., Asheboro, NC
 Features a networking room, computer lab and job training classes that are free and open to the public. The network room provides computers and phones for job searches and the computer lab provides self-guided software tutorials to enhance computer skills. Class offerings include career exploration and planning, job search strategies, interviewing techniques, money management, and computer skills. Hiring events are held weekly. Call center for more information.

### **Staffing Agencies:**

- Express Employment Professionals 336-626-7511 131 Dublin Square Rd. Suite F, Asheboro, NC
- Hire Alternatives 336-455-9460 111-A Davis Street, Asheboro, NC
- Mega Force Staffing 336-626-6342 964 S. Fayetteville St., Asheboro, NC
- Piedmont Staffing Solutions 336-625-2229 1512 Zoo Parkway, Suite K, Asheboro, NC
- SMX 336-625-1408 415-B Cooper St., Asheboro, NC

## ASSISTANCE

## Where can I go for low cost clothing and furniture?

### Christians United Outreach Center (CUOC) Superthrift Store • www.cuoc.org

**336-625-3560** ■ 135 Sunset Ave., Asheboro, NC ■ 10 am-5 pm, Monday –Thursday and Saturday; 10 am-6 pm, Friday Sells low-cost used clothing, furniture, and household items.

### Community Outreach of Archdale-Trinity (COAT) Thrift Store

336-431-3663 • 11651 N. Main Street, Archdale, NC (Archdale
 Commons Shopping Center) • 10 am-3 pm, Monday-Saturday
 Sells low-cost used clothing and household items. For
 assistance, referrals are needed from the Community Outreach
 of Archdale-Trinity at 10607 N. Main Street, Archdale, NC.

### **Red Door Resale Boutique**

(Benefits the Family Crisis Center) **336-626-4159** • 129 Sunset Avenue, Asheboro, NC
10 am-6 pm, Tuesday-Friday; 10 am-3 pm, Saturday Sells low-cost used clothing.

### **Goodwill Industries**

336-629-5955 • 1520 E. Dixie Dr., Asheboro, NC
9 am-8 pm, Monday-Saturday; 1 pm-6 pm, Sunday
336-495-5020 • 101 Pointe South Dr., Randleman, NC
9 am-8 pm, Monday-Saturday; 1 pm-6 pm, Sunday
336-431-6021 • 10102-G S. Main Street, Archdale, NC
9 am-8 pm, Monday-Saturday; 1 pm-6 pm Sunday
Sells low-cost used clothing and furniture.

### Habitat for Humanity Restore

336-672-1555 • 3060 S. Fayetteville St., Asheboro, NC
9 am-5:30 pm, Tuesday-Friday; 9 am-3 pm, Saturday Sells low-cost used furniture and household items.

### **Randleman Community Service**

336-495-1067 - 150 S. Main St., Randleman, NC

8:30 am-1:30 pm, Tuesday-Friday

Operates a thrift store that sells low-cost used clothing and household items.

Ridgewear (A clothing ministry of North Ridge Church)
336-498-7751 • 115 Waketa Drive, Asheboro, NC
3 pm-5 pm, Monday and Wednesday or by appointment. Used clothing for needy families.

### Salvation Army Thrift Store

336-328-0891 • 472 East Dixie Drive, Asheboro, NC
9 am-6 pm, Monday-Saturday
Sells low-cost used clothing and furniture.

### Who can I call when I need emergency funds/items for medication, transportation, clothing, utilities or other basic needs?

Christians United Outreach Center (CUOC) Client Services www.cuoc.org 336-625-1500 • 930 S. Fayetteville Street, Asheboro, NC 10 am-3 pm, Monday-Wednesday; Noon-6 pm, Thursday; Friday is appointment only for homeless assistance/screening. Short-term financial crisis intervention, budget counseling, temporary assistance with rent, utilities, mortgages, gas voucher for fuel to get to work while waiting for first pay check, gas voucher for some emergency situations, limited auto repair or car insurance if needed for work.

### **Christians United Incorporated of Southern Randolph**

336-873-7621 • Located in the Seagrove area.

Offers emergency financial assistance, and emergency lodging, financial assistance for heating fuel, electricity, rent, prescriptions, and medical services. Must fill out application for assistance. For Seagrove residents only.

### Community Outreach of Archdale-Trinity (COAT)

**336-431-3663 (431-FOOD)** • 10607 N. Main St., Archdale, NC 9 am-2 pm, Monday-Friday and by appointment. Food pantry open 9 am-11 am, Monday-Friday.

Non-profit Christian ministry of area churches which provides a food pantry, short-term financial assistance, referrals to other agencies, and prayers to residents of Archdale, Trinity, Sophia, and Glenola. Referral service works to find assistance locally.

### **Salvation Army**

**336-625-0551** • 345 North Church Street, Asheboro, NC 8:30 am-4:30 pm, Monday-Thursday; 8:30 am-4 pm, Friday. Closed daily Noon-1 pm.

Requires non-expired valid picture ID and proof of residency with correct address. Must show proof of crisis or hardship. Clients seen by appointments only.

### Regional Coordinated Area Transportation System (RCATS)

**336-629-7433 or 1-866-580-8726 =** 347-B W. Salisbury Street, Asheboro, NC = 6 am–6 pm, Monday - Friday

Provides non-emergency public transportation services for Randolph and Montgomery County residents. (72-hour advance reservations are required.) Limited out-of-county trips per schedule. Open to the general public. Fare structure applies to general public riders not meeting human service agency eligibility requirements. Resource materials available in Spanish.

### **Randleman Community Service**

**336-495-1067** • 150 S. Main St., Randleman, NC

8:30 am-1:30 pm, Tuesday-Friday

Food bank and limited emergency funds for electricity for Randleman residents.

### Randolph County Department of Social Services 336-683-8000 • 1512 N. Fayetteville St., Asheboro, NC 336-318-6404 • 402 Balfour Drive, Archdale, NC 8 am-5 pm, Monday-Friday

Emergency Assistance program available to help families with limited income and resources cope with crisis situations beyond their control. The Crisis Intervention Program and Specialty Services Program are for qualified households who are experiencing heating or coolingrelated emergencies. The Low-Income Energy Assistance Program is to help qualified low-income households with paying energy bills. Lifeline and Link-up discount telephone service for recipients of SSI, Food Stamps, and Work First. Applicants will be asked to provide Social Security numbers, proof of ID, proof of income, and proof of need. Program offers resource materials in Spanish.

## Who can I call if I need food?

## Christians United Outreach Center (CUOC) Client Services www.cuoc.org

**336-625-1500 •** 930 S. Fayetteville Street, Asheboro, NC, 10 am-3 pm, Monday-Wednesday; Noon-6 pm, Thursday

Operates a client choice food pantry and distributes commodity food (TEFAP) in 13 locations throughout Randolph County for NC Dept. of Agriculture; can provide an emergency box Fridays from 10 am-2 pm for new clients.

### **Christians United Incorporated of Southern Randolph**

 336-873-7621 • Located in the Seagrove area.
 Food pantry for Seagrove residents. Open 10 am–11 am, Saturday, at Seagrove Christian Church, 424 E. Main St., Seagrove, NC.

### Community Outreach of Archdale-Trinity (COAT)

**336-431-3663 (431-FOOD)** • 10607 N. Main St., Archdale, NC 9 am-2 pm, Monday-Friday and by appointment. Food pantry open 9 am-11 am, Monday-Friday.

Non-profit Christian ministry of area churches which provides a food pantry, short-term financial assistance, referrals to other agencies, and prayers to residents of Archdale, Trinity, Sophia, and Glenola. Referral service works to find assistance locally.

### Liberty Association of Churches Emergency Assistance Program

336-622-8312 • 329-B W. Bowman Ave., Liberty, NC

2 pm-5 pm, Monday and Thursday only.

Assistance is limited to Liberty residents only. Required items include a photo ID, income verification, social security card and copies of bills for which assistance is requested.

### **Our Daily Bread**

336-626-2563 • 831 E. Pritchard St., Asheboro, NC
9 am-1 pm (serving hours: 11:30 am-12:30 pm), Monday-Friday The soup kitchen serves a hot lunch to anyone in need of a meal.

### Ramseur Food Pantry

**336-824-8045** • 724 Liberty St., Ramseur, NC 11 am-1 pm, Monday, Wednesday, and Friday; 5 pm-7 pm, Tuesday. Closed Thursday.

Must provide proof you are a Ramseur resident.

### **Randleman Community Service**

336-495-1067 • 150 South Main Street, Randleman, NC

8:30 am-1:30 pm, Tuesday-Friday

Food bank for Randleman residents.

### **Randolph County Department of Social Services**

**336-683-8000** • 1512 N. Fayetteville St., Asheboro, NC **336-318-6404** • 402 Balfour Drive, Archdale, NC 8 am-5 pm, Monday-Friday

Provides Food and Nutrition Services (formerly known as food stamps) and emergency assistance for families who qualify. Applicants need a Social Security number, picture ID, proof of income, and proof of need. Program offers resource materials in Spanish.

### Salvation Army

**336-625-0551** • 345 North Church Street, Asheboro, NC 8:30 am-4:30 pm, Monday-Thursday; 8:30 am-4 pm, Friday. Closed daily Noon-1 pm.

Requires non-expired valid picture ID and proof of residency with correct address. Clients are seen by appointments only. Qualifying clients may apply once a month.

## WIC Program: Food and Nutrition for Women, Infants and Children

**336-318-6171** • 2222-B S. Fayetteville St., Asheboro, NC Satellite Clinics-call for days and times: 213 Balfour Dr., Archdale, NC

 Liberty Elementary School, 206 N. Fayetteville St., Liberty, NC WIC provides nutrition education and special foods to pregnant or breastfeeding women, infants, and children up to five-years-old who meets certain income limits and needs. Program offers resource materials in Spanish and has Spanishspeaking staff.

# Who can I call when I or someone I know needs emergency/temporary shelter?

### **Family Crisis Center**

**336-629-4159** in Asheboro, NC, **336-434-5579** in Archdale, NC **910-975-9740** in Troy, NC

### www.randolphfcc.org

Emergency shelter for women, children, and men fleeing domestic abuse, sexual assault, and human trafficking. Other services include counseling, support groups, parenting classes, court advocacy, assistance with restraining orders, Children's Advocacy Center, and NC certified Batterer Intervention Program 26 week men's group (call for intake appointment and fee). Resource materials in Spanish and Spanish-speaking staff.

## Christians United Outreach Center (CUOC) Client Services www.cuoc.org

336-625-1500 • 930 S. Fayetteville Street, Asheboro, NC,

10 am-3 pm, Monday-Wednesday; Noon-6 pm, Thursday;

10 am-2 pm, Friday

Call during operating hours and leave a name and number where you can be reached or where we can leave a message for you. Staff will return the call and set up a time to meet with you. Homeless assistance is provided by appointment. Appropriate referrals for temporary assistance will be made if CUOC is not able to meet the need.

\*\*If this is a domestic violence case, please call 911 or Family Crisis Center for additional assistance at: **336-629-4159** in Asheboro, NC, **336-434-5579** in Archdale, NC, **910-975-9740** in Troy, NC

### **Christians United Incorporated of Southern Randolph**

**336-873-7621** • Located in the Seagrove area.

Offers emergency financial assistance, and emergency lodging, financial assistance for heating fuel, electricity, rent, prescriptions, and medical services. Must fill out application for assistance. For Seagrove residents only.

### **Randolph County Schools**

**336-465-6006** • Contact: Kim Wagoner, District Homeless Education Liaison

Information and assistance for homeless students enrolled in Randolph County Schools.

### NC Homeless Education Program–SERVE Center at UNCG

**336-315-7491** • Contact: Lisa Phillips, State Coordinator for Homeless Education

### www.serve.org/hepnc

### www.ncpublicschools.org/program-monitoring/homeless

Information on rights and services available to children and families experiencing homelessness.

### **Asheboro Shelter of Hope**

**336-318-0012** • 133 W. Wainman Ave, Asheboro, NC A temporary shelter for men. Must work or look for work. Background checks are standard.

## BUDGETING & FINANCIAL COUNSELING

# Who do I call if I need help with saving money, budget counseling, or debt management?

### **Central Piedmont Community Action, Inc.**

**336-636-5179** • 703 Farr St., Asheboro, NC • by referral only www.cpcanc.org

Objective is to bring individuals and families out of poverty. Provides case managers that work one-on-one with participants and provides services to meet individual needs such as employment, housing, education, and crisis prevention. Prospective participants must be referred by the Partnership for Children or other similar agency. For more information, please call the Partnership at 336-629-2128.

### Consumer Credit Counseling of the Greater Greensboro Area (A Division of Family Service of the Piedmont) 336-373-8882 or 1-888-755-2227

315 E. Washington St., Greensboro, NC ■ 8 am-5 pm, Monday-Friday by appointment only

### www.familyservice-piedmont.org/cccs

Provides professional financial advice and credit counseling, housing and mortgage education, workshops on housing and money management, and debt consolidation.

## Christians United Outreach Center (CUOC) Client Services www.cuoc.org

**336-625-1500 •** 930 S. Fayetteville Street, Asheboro, NC 10 am-3 pm, Monday-Wednesday; Noon-6 pm, Thursday; 10 am-2 pm, Friday

Call for an appointment or class times; offers one-on-one budget counseling and group financial literacy classes.

### NETworX

### 336-302-4093 - Asheboro, NC

### www.networxforhope.com

Offers education and a support group for people struggling financially and dealing with poverty on a financial, emotional, or spiritual level. Free to all participants.

## Where can I get help with tax questions?

### **Internal Revenue Service**

### 1-800-829-1040 • www.irs.gov

Program offers resource materials in Spanish and has Spanish-speaking staff.

### **Catholic Charities Counseling Office Greensboro**

336-288-1984 • 2311 W. Cone Blvd., Suite 145, Greensboro, NC Counseling provided for ages 18 to adulthood and couples.
\$90 a session; some insurances accepted; sliding fee scale offered.

### **Catholic Charities Regional Office Winston Salem**

 336-727-0705 • 1612 14<sup>th</sup> Street NE, Winston-Salem, NC Teen parent support. Stay the Course Community College program. TIE program-Translations and Interpretation. Youth in Crisis. A food pantry is also available on Thursdays. Wee Care Shop-open Tuesday and Thursday afternoons. Counseling for adults and couples-\$90 a session; some insurances accepted; sliding fee scale offered. Case management.

# CHILD CARE & EDUCATION

### Who do I call to enroll my children in school?

### **Asheboro City Schools**

336-625-5104 • 1126 S. Park St., Asheboro, NC

### www.asheboro.k12.nc.us

Each school handles registration on site; call for more information. Program offers resource materials in Spanish.

### **Randolph County Schools**

## 336-318-6100 • 2222-C S. Fayetteville St., Asheboro, NC www.randolph.k12.nc.us

Each school handles registration on site; call for more information. Program offers resource materials in Spanish.

# Who do I call if I need to find a preschool or child care program?

# Randolph County Partnership for Children-Child Care Services 336-629-2128 - 349 Sunset Ave., Asheboro, NC 8 am-5 pm, Monday-Friday www.randolphkids.org

Provides information on child care resources, information in finding child care in Randolph County, and provides referrals to other agencies. No fees. Offers resource materials in Spanish and has Spanish-speaking staff.

### **Regional Child Care Resources and Referral**

1-800-289-5098 or 336-369-5097 = 1200 Arlington Street,

Greensboro, NC = 8 am-5 pm, Monday-Friday

### www.guilfordchilddev.org

Provides information on child care resources, finding child care in Randolph County, and referrals to other agencies. No fees. Resource materials in Spanish and Spanish-speaking staff.

### NC Division of Child Development (DCD) 1-800-859-0829 • www.ncchildcare.net

Information on child care regulations, pointers for selecting quality child care, and information about child care providers, including sanitation scores, complaint investigations, and administrative actions. Contact information for county agencies. Offers resource materials in Spanish.

### Randolph County Partnership for Children-NC Pre-K Kindergarten Program in Randolph County

336-629-2128 - 349 Sunset Ave., Asheboro, NC

8 am-5 pm, Monday-Friday

### www.randolphkids.org

High-quality pre-kindergarten classroom experience for eligible four-year-old children in Randolph County. No fees. Application required. Offers resource materials in Spanish and has Spanishspeaking staff.

### **RCS Head Start**

Connie Redding Head Start • 336-672-5570 • 118 Virginia Ave., Asheboro, NC • Head Start Station • 336-824-4063

7279 Jordan Rd., Ramseur, NC

Quality preschool services to eligible children and their families. Limited transportation provided to families that qualify.

## Who can I call if I need help paying for child care?

Randolph County Department of Social Services
 336-683-8010 • 1512 N. Fayetteville St., Asheboro, NC
 8 am-5 pm, Monday-Friday

Child care assistance for low- and moderate- income working families who qualify that are employed, in school, or with children with developmental needs. Spanish-speaking staff.

## Who can I call if I want to care for children in my own home?

### Randolph County Partnership for Children -Child Care Services 336-629-2128 • 349 Sunset Ave., Asheboro, NC

8 am-5 pm, Monday-Friday

### www.randolphkids.org

Provides free technical assistance to anyone interested in opening a licensed family child care home or child care center. Resource materials in Spanish and Spanish-speaking staff.

### NC Division of Child Development (DCD) 1-800-859-0829 • www.ncchildcare.net

Information for parents, child care providers, and county staff regarding the use of child care, including licensing guidelines, forms and documents, resource links, and contact information for county agencies. Program offers resource materials in Spanish.

# Who can I contact if I want support in homeschooling my children?

Division of Non-Public Education 919-807-2425 • www.ncdnpe.org

## COUNSELING

# Who can I call when I, or someone in my family, need to talk with a therapist or a counselor?

### **Daymark Recovery Center**

**336-633-7000** • 110 West Walker Ave., Asheboro, NC **336-431-0700** • 205 Balfour Dr., Archdale, NC

1-800-256-2899 • 24-hour crisis line

A network of staff and contracted service providers offering a variety of services to individuals who have mental health and/or substance use concerns. Treatment and support for adults and children with mental illness and substance abuse problems through individual/group therapy and medication management, and assessment and referral for adults and children with developmental disabilities. Call or walk in to our location(s). Resource materials in Spanish and has Spanish interpreting services available.

### **High Point Regional Hospital**

**336-878-6888** or **1-800-525-9375** • 601 N. Elm St., High Point, NC www.highpointregional.com

Assessments are provided to address alcoholism and/or drug addiction, depression, stress, anxiety, and other life-controlling issues. Program has Spanish-speaking staff.

### Cone Health Behavioral Health Services 336-832-9700 or 1-800-711-2635 • 700 Walter Reed Drive, Greensboro, NC • www.conehealth.com/bhs

Free access to a trained professional through a 24-hour help line. 24-hour immediate face-to-face assessment. Available services: Inpatient and outpatient care, chemical dependency, and adult psychiatric programs, and day and evening treatment programs. Self-referrals and/or physician referrals welcome. Spanish-speaking staff.

# Who can I call for group support or for education when I or someone in my family is affected by mental illness?

### **Daymark Recovery Center**

**336-633-7000 •** 110 West Walker Ave., Asheboro, NC **336-431-0700 •** 205 Balfour Dr., Archdale, NC **1-800-256-2899 •** 24-hour crisis line

A network of staff and contracted service providers offering a variety of services to individuals who have mental health and/or substance use concerns. Treatment and support for adults and children with mental illness and substance abuse problems through individual/group therapy and medication management, and assessment and referral for adults and children with developmental disabilities. Call or walk in to our location(s). Resource materials in Spanish and has Spanish interpreting services available.

### NAMI Randolph–National Alliance on Mental Illness 1-800-451-9682 • www.naminc.org

Information on mental health issues, care provider education, support groups, links to one-on-one peer support, educational classes for clients and family members, and advocacy for the mentally ill.

### High Point Regional Hospital

## **336-878-6888** or **1-800-525-9375** • 601 N. Elm St., High Point, NC www.highpointregional.com

Assessments are provided to address alcoholism, drug addiction, depression, stress, anxiety, and other life-controlling issues. Call for more information. Program has Spanish-speaking staff.

### Cone Health Behavioral Health Services

**336-832-9700** or **1-800-711-2635** • 700 Walter Reed Drive, Greensboro, NC • www.conehealth.com/bhs

Free access to a trained professional through a 24-hour help line. 24-hour immediate face-to-face assessment. Available services: Inpatient and outpatient care, chemical dependency, and adult psychiatric programs, as well as day and evening treatment programs. Self-referrals and/or physician referrals welcome. Spanish-speaking staff.

# Who can I call if I or a family member has a problem with alcohol or drugs?

### **Daymark Recovery Center**

**336-633-7000 •** 110 West Walker Ave., Asheboro, NC **336-431-0700 •** 205 Balfour Dr., Archdale, NC **1-800-256-2899 •** 24-hour crisis line

A network of staff and contracted service providers offering a variety of services to individuals who have mental health and/or substance use concerns. Treatment and support for adults and children with mental illness and substance abuse problems through individual/group therapy and medication management, and assessment and referral for adults and children with developmental disabilities. Call or walk in to our location(s). Resource materials in Spanish and has Spanish interpreting services available.

### Alcohol/Drug Council of North Carolina 1-800-688-4232 • www.alcoholdrughelp.org

8 am-6 pm, Monday-Friday

Free information and referrals to drug-dependent clients and education on alcohol and drug dependency.

### Alcoholics Anonymous (AA) www.sober.com/12stepmeetings-alcohol

Alcohol recovery, support groups and education.

### Narcotics Anonymous (NA) 1-866-875-9751• www.ncregion-na.org

24-hour helpline. Call for meeting places and times (free). Substance abuse recovery, recovery residence, support groups, and education. Program offers resource materials in Spanish.

### ProjectKnow

### www.projectknow.com/find/asheboro-nc

Online resource with information related to drug rehab programs in Asheboro.

### **High Point Regional Hospital**

## **336-878-6888** or **1-800-525-9375** • 601 N. Elm St., High Point, NC www.highpointregional.com

Assessments for alcoholism or drug addiction, depression, stress, anxiety, and other life-controlling issues. Program has Spanish-speaking staff.

### **Cone Health Behavioral Health Services**

### **336-832-9700** or **1-800-711-2635** • 700 Walter Reed Drive, Greensboro, NC • www.conehealth.com/bhs

Free access to a trained professional through a 24-hour help line. 24-hour immediate face-to-face assessment. Available services: Inpatient and outpatient care, chemical dependency, and adult psychiatric programs, as well as day and evening treatment programs. Self-referrals and/or physician referrals welcome. Spanish-speaking staff.

## **CRIME & VIOLENCE**

Who can I call if a child has been abused or neglected?

### Division of Child Development & Early Education (DCDEE) 1-800-859-0829 (In State Only) or 919-527-6500 www.ncchildcare.dhhs.state.nc.us

Child or Adult Protective Service Units. Investigates possible incidents of abuse and neglect. Program offers resource materials in Spanish.

## Randolph County Department of Social Services 336-683-8200 (Child or Adult Abuse Hotline)

1512 N. Fayetteville St., Asheboro, NC

8 am-5 pm, Monday-Friday

Child or Adult Protective Service Units. Investigates possible incidents of abuse and neglect. Program offers resource materials in Spanish.

Who do I call when a child needs someone to stand up for them in court?

### Guardian ad Litem Program (Randolph)

**336-328-3170** • Randolph County Courthouse, 176 E. Salisbury St., Suite 106, Asheboro, NC

### www.asheboro.com/gal

Trained volunteers represent the best interest of the child in the court system related to abuse and neglect cases.

## Who can I call if I am concerned that a child is being abused or neglected in child care?

### Division of Child Development & Early Education (DCDEE) - 1-800-859-0829 (In State Only) or 919-527-6500 www.ncchildcare.dhhs.state.nc.us

Child or adult protective service units. Investigates possible incidents of abuse and neglect. Program offers resource materials in Spanish.

### NC Division of Child Development (DCD) Hotline: 1-800-859-0829 • www.ncchildcare.net

Works with local departments of social services and law enforcement agencies to investigate reports of child abuse or neglect in child care arrangements. Program offers resource materials in Spanish.

# Who can I call if I have been abused or if I have trouble controlling my temper and am violent toward a loved one?

### **Family Crisis Center**

**336-629-4159** in Asheboro, NC, **336-434-5579** in Archdale, NC **910-975-9740** in Troy, NC

### www.randolphfcc.org

NC certified Batterer Intervention Program 26-week men's

group (call for intake appointment and fee). Emergency shelter for women, children, and men fleeing domestic abuse, sexual assault, and human trafficking. Counseling, support groups, parenting classes, court advocacy, Children's Advocacy Center, and assistance with restraining orders. Resource materials in Spanish and Spanish-speaking staff.

### **Daymark Recovery Center**

**336-633-7000 •** 110 West Walker Ave., Asheboro, NC **336-431-0700 •** 205 Balfour Dr., Archdale, NC **1-800-256-2899 •** 24-hour crisis line

A network of staff and contracted service providers offering a variety of services to individuals who have mental health and/or substance use concerns. Treatment and support for adults and children with mental illness and substance abuse problems through individual/group therapy and medication management, and assessment and referral for adults and children with developmental disabilities. Call for information on specific services or for intake procedures or walk in to our location(s). Program offers resource materials in Spanish and has Spanish interpreting services available.

# Who can I call for support or for information if I have been a victim of a crime?

### NC Department of Corrections Office of Victims Services 1-866-719-0108 - Raleigh, NC

### www.doc.state.nc.us/victimservices

Offers crime victims whose offenders are on supervised probation/post release an opportunity to be involved and participate in the criminal justice system, victim notification of important information pertaining to the case, and victim advocacy. Program offers resource materials in Spanish and has Spanish-speaking staff. Who do I call if I need to report a crime or a possible crime?

### In an Emergency



**Local Law Enforcement Authorities:** (numbers are non-emergency only)

Randolph County Sheriff • 336-318-6699 Program offers resource materials in Spanish and has Spanish-speaking staff.

**City of Asheboro Police • 336-626-1300** Program has Spanish-speaking staff.

**City of Archdale Police • 336-434-3134** Program offers resource materials in Spanish.

**City of Randleman Police = 336-495-7510** Program has Spanish-speaking staff.

Town of Ramseur Police • 336-824-8663 Program offers resource materials in Spanish.

Town of Liberty Police • 336-622-9053 Program offers resource materials in Spanish.

## LEGAL ISSUES

Who can I call if I need assistance finding legal help or a lawyer?

### North Carolina Lawyer Referral Service 1-800-662-7660 • www.ncbar.org

Participating attorneys meet referred clients for up to 30 minutes for a set price. Referral service to attorneys in local area.

### NC Attorney General's Office 919-716-6400 • www.ncdoj.com

Consumer protection, identity theft, "Do Not Call" Registry, citizens' rights.

### Better Business Bureau of Central North Carolina

**336-852-4240** • 529 College Road, Suite G, Greensboro, NC www.greensboro.bbb.org

Consumer protection and education.

Who can I call if I need legal assistance or information about family law, but I don't have very much money?

### Legal-Aid Central Carolina Legal Services, Inc. 336-272-0148 or 1-800-951-2257 • 122 N. Elm St., Suite 700,

Greensboro, NC • 9 am-5 pm, Monday-Friday

Represents low-income clients in civil domestic violence, landlord/tenant disputes, and child custody when the safety of the child is endangered. Advanced directives, landlord/tenant, consumer, public benefits, etc. Provides legal services free or on a sliding scale. Program offers resource materials in Spanish and has Spanish-speaking staff.

# Who can I call if I believe I have experienced discrimination based on my disability?

### **Disability Rights North Carolina**

**1-800-821-6922 •** 3724 National Dr., Suite 100, Raleigh, NC 8 am-5 pm, Monday-Friday (intake: 9 am-3 pm)

### www.disabilityrightsnc.org

Referral and rights protection in the areas of education, employment, housing, treatment, or transportation.

## Who can I call if I need help with immigration issues?

### Faith Action

**336-379-0037** • 705 N. Greene St., Greensboro, NC

### www.faithaction.org

Serves and advocates for new immigrants, educates and connects the diverse community across lines of culture and faith. Provides referrals and direct help with food, housing, healthcare, interpretation and translation, legal services, English and computer classes, safe space, and ID cards.

### Mexican Consulate

Charlotte: PO Box 19627, Charlotte, NC **• 704-394-2190** Raleigh: 431 Raleigh View Rd., Raleigh, NC **• 919-615-3653** or **1-877-639-4835 •** 8 am-5 pm

Issues matricular and passports by appointment only.

### **US Immigration and Naturalization Services**

**1-800-375-5283** (application support line) Program offers resource materials in Spanish and has Spanishspeaking staff.

### **Catholic Charities Counseling Office Greensboro**

**336-288-1984** • 2311 W. Cone Blvd., Suite 145, Greensboro, NC **336-714-3212** • Immigration Office Direct Line

Counseling provided for ages 18 to adulthood and couples. \$90 a session; some insurances accepted; sliding fee scale offered.

### **Catholic Charities Regional Office Winston Salem**

 336-727-0705 • 1612 14<sup>th</sup> Street NE, Winston-Salem, NC Teen parent support. Stay the Course Community College program. TIE program-Translations and Interpretation. Youth in Crisis. A food pantry is also available on Thursdays. Wee Care Shop-open Tuesday and Thursday afternoons; infant and toddler clothing and articles ages birth-3T. Counseling for adults and couples-\$90 a session; some insurances accepted; sliding fee scale offered. Case management.

### Hispanic Liaison – El Vínculo Hispano

919-742-1448 • 200 N. Chatham Ave., Siler City, NC www.evhnc.org

2 pm-6 pm, Tuesday; Noon-4 pm, Thursday Provides general assistance and information about legal issues, budgeting, health and housing. Program offers resource materials in Spanish and has Spanish-speaking staff.

# SPECIAL NEEDS

# Who can I call for help or support if my child has special needs?

### Asheboro City Schools

Contact: Dr. Cayce Favasuli, Director of Exceptional Children Services **336-625-5104** • 1126 S. Park St., Asheboro, NC

### www.asheboro.k12.nc.us

Provides evaluation, therapy, and referrals to children and students with special needs who are ages 3–21 years, and who live in the Asheboro City School District. Program offers resource materials in Spanish and has Spanish-speaking staff.

### **Randolph County Schools**

Contact: Jennifer Beasley, Preschool Services 336-318-6342 • 2222-C S. Fayetteville St., Asheboro, NC www.randolph.k12.nc.us

Provides evaluation, therapy, and referrals to children and students with special needs who are ages 3–21 years, and who live in the Randolph County School District. Program offers resource materials in Spanish and has Spanish-speaking personnel on staff.

#### **Disability Rights North Carolina**

**1-877-235-4210** • 3724 National Dr., Suite 100, Raleigh, NC 8 am-5 pm, Monday-Friday (Intake: 9 am-3 pm)

#### www.disabilityrightsnc.org

Referral and rights protection. If a disabled person, or the parents of a disabled child, feels he/she has been discriminated against in the areas of education, employment, housing, treatment, or transportation, the GACPD can help protect their rights.

### Who can I call if I have concerns about my child's behavior?

#### **Information and Referral**

The following agencies offer community information via telephone or website:

#### **Sandhills Center**

#### 1-800-256-2452 • www.sandhillscenter.org

For families with children with emotional, learning, or behavioral challenges. Toll free line available 24 hours a day.

## Family Support Network of Central Carolina 336-832-6507 • www.fsncc.org

Offers a wide variety of services to families of children with special needs, including parent-to-parent matching; resource and referral; support groups for parents and siblings of kids with disabilities; free printed information in a variety of languages; social events; and much more. Most services are free to families. Scholarships are available for programs with a fee. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### **Daymark Recovery Center**

336-633-7000 - 110 West Walker Ave., Asheboro, NC

336-431-0700 - 205 Balfour Dr., Archdale, NC

1-800-256-2899 • 24-hour crisis line

Daymark has a network of staff and contracted service providers offering a variety of services to individuals who have mental health and/or substance use concerns. These services include treatment and support for adults and children with mental illness and substance abuse problems through individual/group therapy and medication management, and assessment and referral for adults and children with developmental disabilities. Call for information on specific services or for intake procedures or walk in to our location(s). Program offers resource materials in Spanish and has Spanish interpreting services available.

#### United Way 2-1-1

#### Dial 2-1-1

Provides information about community services and offers referrals to child mental health services in the Triad area.

#### Screening and Assessment

The following agencies offer screening and evaluation services for children. Don't forget to contact your child's primary care physician to see if they can perform a screening/assessment.

#### Children's Developmental Services Agency (CDSA)

**336-625-1076 •** 1213 S. Cox St., Suite E, Asheboro, NC

Provides support and services for families and their children, birth to 3 years old, who have special needs so that each child can reach his/her maximum potential and be successful in their homes or community (natural learning environments) by using every-day learning opportunities. Utilizes multidisciplinary evaluations and assessments to identify family/guardian concerns as well as the child's strengths and needs. Emphasizes parent participation and focuses on providing caregivers with the tools they need to help their child accomplish parentidentified goals by utilizing coaching strategies and assists the child and family to access services from other specialists and programs, as needed. Program offers resource materials in Spanish. For Spanish-speaking staff, call extension 210.

# Randolph County Health Department – Child Care for Coordination (CC4C)

**336-318-6200** • 2222-B S. Fayetteville St., Asheboro, NC Serves children from birth to five-years-old who have special health care needs, premature infants, foster care children and children exposed to "toxic stress" (domestic violence, active parental substance abuse, etc.).

#### Asheboro City Schools - Preschool Special Children's Services 336-672-6730 • 1738 N. Fayetteville St., Asheboro, NC www.asheboro.k12.nc.us/ECDC

Contact: Holly White, Preschool Coordinator Provides evaluation, education, therapy, and resources for three, four and some five-year-old children with special needs who live in the Asheboro City School District. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### **Randolph County Schools**

Contact: Jennifer Beasley, Preschool Services 336-318-6342 • 2222-C S. Fayetteville St., Asheboro, NC www.randolph.k12.nc.us

Provides evaluation, therapy, and referrals to children with special needs who are 3-21 years of age, and who live in the Randolph County School District. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### **Interventions for Children with Behavior Problems**

The following individuals and organizations offer a variety of intervention options for the family. For the most current listing of providers, contact Sandhills Center for Mental Health at 1-800-256-2452. Toll free line is available 24 hours a day.

Archdale-Trinity Counseling Center 336-431-1888 • 10547 A N. Main St., Archdale, NC

Carolina Counseling Associates 336-629-4471 • 1205 N. Fayetteville St., Asheboro, NC

Cornerstone Behavioral Medicine 336-802-2205 • 1814 Westchester Dr., Suite 402, High Point, NC

Family Solutions 336-899-8800 • 148 Baker Road, Archdale, NC

NC Mentor 336-672-7500 • 624-C S. Fayetteville St., Asheboro, NC

Randolph Counseling Center 336-625-3888 • 505 S. Church St., Asheboro, NC

Acres of Hope Equine Therapy Services 847-943-3504 • 715 Foxfire Rd., Asheboro, NC

Morning Star Therapeutic Services 336-963-6434 • 4539 Cross Creek Rd., Asheboro, NC

Redbud Legacy Therapeutic Services 336-629-9589 • 614 Morgan Country Rd., Asheboro, NC

Spirit Horse Ranch 336-736-0640 • 2761 Old Cedar Falls Rd., Asheboro, NC

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### Are there camps for children with special needs?

#### Kopper Top Life Learning Center

336-565-9723 • 6657 Kimesville Rd., Liberty, NC www.koppertop.org

Kopper Top Life Learning Center is a 501(C)3 non-profit organization dedicated to providing therapeutic horseback riding, recreational therapy, animal-assisted therapy and horticulture therapy to individuals with or without disabilities.

#### Victory Junction Gang Camp

## **336-498-9055** • 4500 Adam's Way, Randleman, NC www.victoryjunctioncamp.org

The Victory Junction Gang Camp enriches the lives of children with chronic medical conditions or serious illnesses by providing life-changing camping experiences that are exciting, fun, and empowering, in a safe and medically sound environment. Visit the website for complete camp and application information.

#### **Keyauwee Program Center**

## **336-861-1198** • 2574 Sweetbriar Rd., Sophia, NC www.girlscoutsp2p.org/camps/keyauwee

Keyauwee Program Center is owned and operated by the Girl Scouts Peaks to Piedmont Council and offers programs throughout the year including horseback riding and a summer resident camp for girls with or without disabilities.



### Where can I go for regular check-ups for me or for my child?

Look in the Yellow Pages in your local phone directory under Physicians and Surgeons for Pediatrics, Internal Medicine, and Family Practice.

#### Partnership for Community Care

336-308-5391 • Asheboro, NC

#### www.p4communitycare.org

Referral services for CAII patients. Spanish-speaking staff.

### Where can I go when someone in my family is sick?

Look in the Yellow Pages in your local phone directory under Physicians and Surgeons for Pediatrics, Internal Medicine, and Family Practice.

#### **MERCE Family Health Care**

336-672-1300 • 1831 N. Fayetteville St., Asheboro, NC
7:45 am-5 pm, Monday-Thursday; 7:45 am-Noon, Friday Now serving children. Non-profit organization that offers medical and dental services to residents of Randolph County with Medicare, Medicaid, Health Choice, any other health insurance program, or no insurance. Pre-natal services provided. Discounted, off-site pharmacy services are available. Fees on a sliding scale for uninsured patients. Program offers resource materials in Spanish.

#### White Oak Urgent Care

336-625-2560 • 197-B NC Hwy. 42 N., Asheboro, NC
336-495-1001 • 608 W. Academy St., Randleman, NC Urgent health care. Minor medical emergency clinic. Fee for services.

#### **Randolph Health Emergency Department**

336-625-5151 • 364 White Oak St., Asheboro, NC
 Urgent health care for medical emergencies. Fee for services. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### Hospice of Randolph County – Kid's Path

**336-672-9300** • 416 Vision Dr., Asheboro, NC Services which care for children and their families living with illness, loss and death.

# Where can I go if I have a problem with my teeth, or need regular dental care?

Look in the Yellow Pages in your local phone directory under Dentists.

#### **MERCE Family Health Care**

336-672-1300 - 308 Brewer St., Asheboro, NC

7:45 am-6 pm, Monday-Thursday

Non-profit offering medical and dental services to residents and children of Randolph County with or without health insurance. Fees on a sliding scale for uninsured patients. Discounted, offsite pharmacy services are available. Program offers resource materials in Spanish.

#### **Randolph County Health Department**

**336-318-6220 •** 2222-B S. Fayetteville St., Asheboro, NC 8 am-5 pm, Monday-Friday

Provides clinical treatment for children ages one through high school for qualifying families. Adults that meet the income requirements may receive limited treatment for dental emergencies only.

# Where can I go if I have a problem with my ears/hearing, or if I am concerned about my child's hearing?

Look in the Yellow Pages in your local phone directory under Audiologists.

#### **Randolph Health**

**336-629-8888** or **336-625-5151** • 364 White Oak St., Asheboro, NC www.randolphhealth.org

#### Children's Developmental Services Agency (CDSA)

336-625-1076 • 1213 S. Cox St., Suite E, Asheboro, NC Provides support and services for families and their children, birth to 3 years old, who have special needs so that each child can reach his/her maximum potential and be successful in their homes or community (natural learning environments). Utilizes multidisciplinary evaluations and assessments, including audiology, to address family concerns as well as the child's strengths and needs. Assists the child and family to access services from other specialists and programs, as needed. Program offers resource materials in Spanish. For Spanishspeaking staff, call extension 210.

#### Asheboro City Schools - Preschool Special Children's Services

Contact: Holly White, Preschool Coordinator **336-672-6730** • 1738 N. Fayetteville St., Asheboro, NC www.asheboro.k12.nc.us/ECDC

Provides evaluation, education, therapy, and resources for three, four, and some five-year-old children with special needs

who live in the Asheboro City School District. Services are provided at the child's location, usually in a home, or private or public child care facility. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### **Asheboro City Schools**

Contact: Dr. Cayce Favasuli, Director of Exceptional Children Services **336-625-5104** • 1126 S. Park St., Asheboro, NC

#### www.asheboro.k12.nc.us

Provides evaluation services, therapy, and referrals to children and students with special needs who are 3–21 years of age, and who live in the Asheboro City School District. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### **Randolph County Schools**

Contact: Jennifer Beasley, Preschool Services 336-318-6342 • 2222-C S. Fayetteville St., Asheboro, NC www.randolph.k12.nc.us

Provides evaluation services, therapy, and referrals to children and students with special needs who are 3–21 years of age, and who live in the Randolph County School District. Program offers resource materials in Spanish and has Spanish-speaking staff.

# Who can I call if I have concerns about my child's development?

#### Children's Developmental Services Agency (CDSA)

**336-625-1076 •** 1213 S. Cox St., Suite E, Asheboro, NC

Provides support and services for families and their children, birth to 3 years old, who have special needs so that each child can reach his/her maximum potential and be successful in their homes or community (natural learning environments) by using every-day learning opportunities. Utilizes multidisciplinary evaluations and assessments to identify family concerns as well as the child's strengths and needs. Emphasizes parent participation and focuses on providing caregivers with the tools they need to help their child accomplish parent-identified goals by utilizing coaching strategies and assists the child and family with accessing services from other specialists and programs, as needed. Services offered include service coordination, physical therapy, occupational therapy, speech therapy, audiology, psychological, nutritional, special instruction, vision, hearing, and social work services. Program offers resource materials in Spanish. For Spanish-speaking staff, call extension 210.

#### Asheboro City Schools - Preschool Special Children's Services

Contact: Holly White, Preschool Coordinator 336-672-6730 • 1738 N. Fayetteville St., Asheboro, NC www.asheboro.k12.nc.us/ECDC

Provides evaluation, education, therapy, and resources for three, four, and some five-year-old children with special needs who live in the Asheboro City School District. Services are provided at the child's location, usually in a home, or private or public child care facility. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### **Asheboro City Schools**

Contact: Dr. Cayce Favasuli, Director of Exceptional Children Services 336-625-5104 • 1126 S. Park St., Asheboro, NC

#### www.asheboro.k12.nc.us

Provides evaluation services, therapy, and referrals to children and students with special needs who are 3–21 years of age, and who live in the Asheboro City School District. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### **Randolph County Schools**

Contact: Jennifer Beasley, Preschool Services 336-318-6342 • 2222-C S. Fayetteville St., Asheboro, NC www.randolph.k12.nc.us

Provides evaluation services, therapy, and referrals to children and students with special needs who are 3–21 years of age, and

who live in the Randolph County School District. Program offers resource materials in Spanish and has Spanish-speaking staff.

# Randolph County Health Department – Child Care for Coordination (CC4C)

336-318-6200 • 2222-B S. Fayetteville St., Asheboro, NC
Provides information over the phone about Medicaid for children, child development, preconception, pregnancy, breastfeeding, and basic care for infants and children.
All services available in Spanish. No fee. Materials also available at no cost through the mail. Program offers resource materials in Spanish and Spanish-speaking staff.

#### **NC Family Health Resource Line**

1-800-367-2229 (800-FOR-BABY) • 8 am-5 pm, Monday-Friday Provides information on health related issues for a person up to twenty-years old. Provides referral service information on maternal and child health, parenting skills, sexuality, nutrition, and health check program.

## Family Support Network of North Carolina 336-832-6507 • www.fsnnc.org

Provides referrals to local, state, and national resources for families of children who have special needs. Services include parent programs, support groups, information on disabilities, parenting issues, and other topics, training for caregivers, professionals, and foster parents, and links to mentors, service agencies, and disability organizations. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### **Cone Health Developmental & Psychological Center**

**336-275-6470** • 719 Green Valley Rd., Suite 306, Greensboro, NC www.conehealth.com

Provides neurodevelopmental and psychological evaluation and treatment for children, adolescents, and families. The team addresses problems related to development, whether these

problems are medical, physical, psychological or emotional in origin. Program has Spanish-speaking staff.

## Who can I call if I am pregnant and need assistance?

#### Randolph County Health Department – Pregnancy Care Management

**336-318-6200** • 2222-B S. Fayetteville St., Asheboro, NC

Offers managed care services with the goal of improving birth outcomes and quality of maternity care. Program offers resource materials in Spanish and has Spanish-speaking staff.

#### NC Family Health Resource Line

**1-800-367-2229 (800-FOR-BABY)** ■ 8 am-5 pm, Monday-Friday Answers questions concerning pregnancy, pregnancy planning, infant care and related subjects.

#### Your Choices Randolph

336-629-9988 • 530 S. Cox St., Asheboro, NC

#### www.yourchoicesrandolph.org

#### Email: clientser@yourchoicesrandolph.org

9am–5pm Monday, Wednesday, Thursday; 9 am-8 pm, Tuesday; Closed on Friday.

Empowers individuals and families to make healthy choices and move toward their fullest potential through relationship, education, and collaboration. Provides free, confidential, and quality support services to women, men, and families who are considering sexual health decisions/activities, navigating a pregnancy decision or battling post-termination stress. Offers primary support services including pregnancy tests and education about pregnancy options, STIs, Sexual health, and abortion risks and alternatives. Empowers clients toward their fullest potential, resisting lifestyles of isolation through high caliber and sought after enrichment classes (Healthy Pregnancy, Parenting, Embrace Life, and WORTH Sexual Healing courses) to discover their identity, deepen self-awareness, stop destructive family cycles, and cultivate new ways of living, loving, and leading their families. Partners with other businesses, non-profit organizations, churches, etc. to provide holistic care toward wholeness in all areas of life and is provided without regard to an individual's ability to pay.

#### Who can I call if I need information on childbirth, breastfeeding, or caring for my infant?

#### **Randolph County Health Department**

336-318-6171 • 2222-B S. Fayetteville St., Asheboro, NC
 Offers managed care services with the goal of improving birth outcomes and quality of maternity care. Provides families breastfeeding education. WIC (Women, Infants and Children) provides nutrition education and special foods to pregnant or breastfeeding women, infants and children up to five years who meet certain income limits and needs.

#### **Randolph Health**

**336-328-4030** or **336-625-5151** • 364 White Oak St., Asheboro, NC www.randolphhealth.org

Offers classes on Prepared Childbirth, breastfeeding, and a refresher course on prepared childbirth. Hospital tours available. Fee for some services. Online newsletter for expectant moms: www.randolphhealth.org/enewsletters

#### **High Point Regional Hospital**

**336-878-6000** or **1-877-878-7644** • 601 N. Elm St., High Point, NC www.highpointregional.com

Parent education, pregnancy, and childbirth classes and groups include Bradley Prepared Childbirth Classes, Daddy & Me, Expectant Parent & Family Tour, Expectant Parenting Classes, Infant & Child CPR for Parents, Infant Feeding - Breastfeeding, Infant Massage Class, Lamaze Childbirth Preparation Class, Lamaze Childbirth Preparation Class (Week-end), Mommy & Me!, Nursing Mothers of High Point, and Sibling Class & Tour. Health fairs and other educational programs are offered annually. Program has Spanish-speaking staff.

#### NC Family Health Resource Line

1-800-367-2229 (800-FOR-BABY) • 8 am-5 pm, Monday-Friday Answers questions concerning pregnancy, pregnancy planning, infant care, and related subjects. Provides information on health related issues for persons up to twenty-years-old. Provides referral service information on maternal and child health, parenting skills, sexuality, nutrition, and health check program.

#### Cone Health Women's Hospital

#### 336-832-6500 or call Health Connect at 1-800-533-3463

801 Green Valley Rd., Greensboro, NC

#### www.conehealthybaby.com

Family-centered maternity care. Maternal and infant specialists for difficult pregnancies. Breastfeeding consultants for inpatient and outpatient consultation.

A prenatal/postpartum education program offers support groups and courses on prepared childbirth, breastfeeding, and infant CPR. Pre-registration required for some services. Fee for some services. Program has Spanish-speaking staff.

### Who can I call if I need help paying for health services?

#### **Randolph County Department of Social Services**

#### 336-683-8000 • 1512 N. Fayetteville St., Asheboro, NC

8 am-5 pm, Monday-Friday

Medicaid and North Carolina Health Choice (NCHC) are health insurance programs for low-income individuals and families. Long Term Care Medicaid programs assist recipients with paying the cost of extended care in a hospital or medical facility. Special Assistance (SA) offers supplemental benefits, including Medicaid, to recipients who reside in licensed facilities authorized to accept SA payments.

#### Blue Cross & Blue Shield of North Carolina

1-800-250-3630 • P.O. Box 2291, Durham, NC
 Call for eligibility information. Caring Program for Children, Blue
 Cross & Blue Shield health insurance coverage for children not eligible for Medicaid.

#### NC Family Health Resource Line

 1-800-367-2229 (800-FOR-BABY) • 8 am-5 pm, Monday-Friday Provides information over the phone about Medicaid for children. No fee. Materials available at no cost through the mail. Services available in Spanish.

#### **MERCE Family Health Care**

336-672-1300 • 1831 N. Fayetteville St., Asheboro, NC

7:45 am-5 pm, Monday-Thursday; 7:45 am-Noon, Friday Non-profit organization that offers medical and dental services to children and residents of Randolph County with Medicare, Medicaid, Health Choice, any other health insurance program, or no insurance. Discounted, off-site pharmacy services available. Fees on a sliding scale for uninsured patients. Program offers resource materials in Spanish.

#### **Community Clinic of High Point**

336-841-7154 • 779 N. Main St., High Point, NC

Office hours for established patients: 8:30 am-5:30 pm, Monday-Wednesday; 8:30 am-7:30 pm, Thursday. Closed Daily Noon-1 pm. Clinic is closed on Friday. Please call for information or to schedule an eligibility appointment.

Free clinic providing primary health care to adults age 18-64 who have no health insurance, live in High Point, Jamestown, Archdale or Trinity, and live within 200% of the Federal Poverty Level. Pharmacy is for established patients who cannot afford medications.



### Who can I call about low-cost housing?

#### **Asheboro Housing Authority**

336-629-4146 • 338 W. Wainman Ave., Asheboro, NC

8 am-5 pm, Monday-Friday

Subsidized rent for those who qualify. Call for an appointment; bring birth certificate and Social Security card. Spanish resource materials available.

#### **Randleman Housing Authority**

**336-498-7686** • 606 S. Main St., Randleman, NC Subsidized rent for those who qualify.

#### Habitat for Humanity of Randolph County

336-625-1429 • Asheboro, NC

Home ownership for low-income families who qualify. Mission is to work towards eliminating sub-standard housing in Randolph County.

# PARENT EDUCATION/SKILLS

Who can I call if I want to learn about parenting?

#### **Family Crisis Center**

**336-629-4159** in Asheboro, NC, **336-434-5579** in Archdale, NC **910-975-9740** in Troy, NC

#### www.randolphfcc.org

Nurturing Parent classes (call for schedule and fee). Other services include: emergency shelter for women, children, and men fleeing domestic abuse, sexual assault, and human trafficking, counseling, support groups, court advocacy, assistance with restraining orders, Children's Advocacy Center, and NC certified Batterer Intervention Program 26-week men's group (call for intake appointment and fee). Resource materials in Spanish and Spanish-speaking staff.

#### Randolph County Parents As Teachers - Randolph County Public Library

336-824-4144 • 111 Sumner Place, Franklinville, NC

336-861-6770 • 400 Balfour Dr., Archdale, NC

A home-based program that helps parents throughout Randolph County learn new parenting skills, ways to assist their child's development, and ways to accomplish the goals they have for their family. Monthly parent group meetings are held for interested parents in various parts of the county. No fee. Program offers resource materials in Spanish and has Spanishspeaking staff.

#### WOW Moms (Women Of the Word)

#### 336-629-6607 • Adrienne Macon

1566 Old Cox Rd., Asheboro, NC

#### www.crossroadbaptist.org

Meets 6 pm-8 pm on the third Tuesday of each month at Cross Road Baptist Church.

### MOPS (Moms Of Pre-Schoolers)

#### 336-674-5382 • Kim McDowell

1415 Neelley Rd., Pleasant Garden, NC

#### www.pgbc.com/ministries/preschool/mops/mops.html

Meets 9:15 am-11:45 am on the second and fourth Tuesday of each month at Pleasant Garden Baptist Church.

#### **High Point Regional Hospital**

## **336-878-6888** or **1-877-878-7644** • 601 N. Elm St., High Point, NC www.highpointregional.com

Classes on prepared childbirth, family and expectant parent tours, educational classes, expectant parenting classes, infant/child CPR, Breastfeeding, and Mommy & Me! Health fairs and other educational programs are offered annually. Call for more information. Pre-registration required for some services. Fee for some services. Program has Spanish-speaking staff.

#### Your Choices Randolph 336-629-9988 • 530 S. Cox St., Asheboro, NC www.yourchoicesrandolph.org

Email: clientser@yourchoicesrandolph.org

9 am–5 pm Monday, Wednesday, Thursday; 9 am-8 pm Tuesday; Closed on Friday.

Empowers individuals and families to make healthy choices and move toward their fullest potential through relationship. education, and collaboration. Provides free, confidential, and quality support services to women, men, and families who are considering sexual health decisions/activities, navigating a pregnancy decision or battling post-termination stress. Offers primary support services including pregnancy tests and education about pregnancy options, STIs, Sexual health, and abortion risks and alternatives. Empowers clients toward their fullest potential, resisting lifestyles of isolation through high caliber and sought after enrichment classes (Healthy Pregnancy, Parenting, Embrace Life, and WORTH Sexual Healing courses) to discover their identity, deepen self-awareness, stop destructive family cycles, and cultivate new ways of living, loving, and leading their families. Partners with other businesses, non-profit organizations, churches, etc. to provide holistic care toward wholeness in all areas of life.

#### **Cone Health Women's Hospital**

#### 336-832-6500 or call Health Connect at 1-800-533-3463

801 Green Valley Rd., Greensboro, NC

#### www.conehealth.com

Maternal/infant specialists and breastfeeding consultants. Prenatal/postpartum education courses on prepared childbirth, breastfeeding, and grandparenting. Women's Education Center offers seminars, programs, mid-life services and support groups. Pre-registration required for some services. Fee for some services. Program has Spanish-speaking staff. Who can I call if I want to find educational materials for myself or for my children?

#### **Randolph County Public Libraries**

Archdale: **336-431-3811** • Asheboro: **336-318-6800** Liberty: **336-622-4605** • Franklinville: **336-824-4020** Randleman: **336-498-3141** • Ramseur: **336-824-2232** Seagrove: **336-873-7521** 

Collection of books, videos, and parenting materials, and educational programs for children. Program offers resource materials in Spanish.

### Who can I call for safety information?

#### Safe Kids Randolph County 336-318-6196 • www.safekids.org

Protecting children from unintentional, preventable injuries by providing education and awareness. Safety focus areas include: poison/medication, fire, heatstroke, pedestrian, bicycle and child passenger safety. Certified car seat safety technicians are available to assist parents with proper installation (by appointment only). Free bicycle helmets and reduced priced car seats, if available, for those who qualify.

# **RECREATION/ARTS**

Where can I, or my child, go for athletic, arts, and other recreational activities and programs?

Randolph Arts Guild 336-629-0399 • 123 Sunset Ave., Asheboro, NC www.randolpharts.org

Northwestern Randolph County Arts Council 336-365-9964 • PO Box 14530, Archdale, NC www.nwrcac.org

Boy Scouts of America – Old North State Council 1-800-367-9166 • www.bsaonsc.org Organized group activities and camping for boys.

Girl Scouts Carolinas Peaks to Piedmont
Contact: Anita Harrison, Membership Manager
1-800-672-2148 • www.girlscoutsp2p.org
Organized group activities and camping for girls.

Parks and Recreation Departments
 Archdale: 336-431-1117 • Asheboro: 336-626-1240
 Liberty: 336-622-3955 • Randleman: 336-495-7525
 Youth sports programs, adult athletic programs, swimming and lifeguard training, sports instruction classes, arts classes

(sponsored through the Randolph County Arts Guild) and special trips and events. Call for details. Fee for some sports programs and for all instructional classes.

#### **NC Zoological Park**

336-879-7000 = 4401 Zoo Pkwy., Asheboro, NC

#### www.nczoo.org

KidZone is a unique attraction at the NC Zoo that involves handson activities such as digging, building and investigating life cycle of frogs, butterflies and bees.

#### Randolph/Asheboro YMCA

## **336-625-1976** • 343 NC Hwy. 42 N., Asheboro, NC www.randolphasheboroymca.com

Youth sports, adult sports, fitness and family activities. After school and summer programs for school-aged children.

#### Carl & Linda Grubb Family YMCA

#### 336-861-7788 • 609 Trindale Road, Archdale, NC

#### www.grubbfamilyymca.org

Youth sports, adult sports, fitness and family activities. After school and summer camp for school-aged children.

#### Asheboro Central Boys and Girls Club

336-625-5550 • 801 Sunset Ave., Asheboro, NC
 Provides recreational group activities for school-aged children, including homework assistance, computer use, and educational field trips. Open after school, on teacher workdays, and during the summer.

#### First Baptist Church Academy of Music & Arts

**336-629-9191** • 133 N. Church Street, Asheboro, NC www.fbcasheboro.com/ama

Music and arts for all ages of children including: Private voice, instrument lessons, and children's choir for school-aged children. Contact Janet Myers.

#### Randolph County Public Libraries www.randolphlibrary.org

Archdale: **336-431-3811** • Asheboro: **336-318-6800** Liberty: **336-622-4605** • Franklinville: **336-824-4020** Randleman: **336-498-3141** • Ramseur: **336-824-2232** Seagrove: **336-873-7521** 

Enhanced collection of books, videos, and parenting materials. Educational programs for children. Story hour for preschoolaged children. Library membership required for some services. Program offers resource materials in Spanish.

#### NC Cooperative Extension- 4H Youth Development Program

336-318-6000 • 1003 S. Fayetteville St., Asheboro NC
 Educational programming for school-aged students and teens, offering 4-H youth development programs with emphasis on education, community and leadership opportunities. Program offers limited resource materials in Spanish.

#### North Carolina Aviation Museum

**336-625-0170** • Asheboro Regional Airport, 2222-G Pilots View Road, Asheboro, NC www.ncaviationmuseumhalloffame.com

#### **Richard Petty Museum**

**336-495-1143** • 309 Branson Mill Rd., Level Cross, NC 9 am-5 pm, Monday-Saturday www.rpmuseum.com



### Who can I call for low cost or free transportation?

#### **Regional Consolidated Area Transportation System (RCATS) 336-629-7433 or 1-866-580-8726 =** 347-B W. Salisbury Street, Asheboro, NC = 6 am–6 pm, Monday - Friday

Provides non-emergency public transportation services for Randolph and Montgomery County residents. (72-hour advance reservations are required.) Limited out-of-county trips per schedule. Open to the general public. Fare structure applies to general public riders not meeting human service agency eligibility requirements. Resource materials available in Spanish.

#### Partnership for Community Care

336-308-5391 - Asheboro, NC

#### www.p4communitycare.org

Transportation services for CAII patients can be arranged. Spanish-speaking staff.

### Who can I call for emergency assistance with transportation?

# Christians United Outreach Center (CUOC) Client Services www.cuoc.org

**336-625-1500 •** 930 S. Fayetteville St., Asheboro, NC

10 am-3 pm, Monday-Wednesday; Noon-6 pm, Thursday Transportation is limited to gas vouchers, bus tickets if needed to return home to avoid homelessness, minor car repairs in order to work, car insurance for work.

# Where can I get a driver's license, picture identification card, or renew my license plate?

#### North Carolina Driver's License Division

**336-629-1949** • 2754 US Hwy 220 Bus S., Asheboro, NC Issues learner's permits, driver's licenses, and picture identification cards. Fees vary with service. Program offers resource materials in Spanish.

#### North Carolina License Plate Agency

**336-629-9623** • 338 S. Fayetteville St., Asheboro, NC Provides renewal of license plates and notary public. Fees vary with service.

# **TEEN SERVICES**

# Who can I call about special programs and services for a pregnant teen?

#### Your Choices Randolph

**336-629-9988** • 530 S. Cox Street, Asheboro, NC www.yourchoicesrandolph.org • info@randolphpcc.org Email: clientser@yourchoicesrandolph.org

9 am–5 pm Monday, Wednesday, Thursday; 9 am-8 pm Tuesday; Closed on Friday.

Empowers individuals and families to make healthy choices and move toward their fullest potential through relationship, education, and collaboration. Provides free, confidential, and quality support services to women, men, and families who are considering sexual health decisions/activities, navigating a pregnancy decision or battling post-termination stress. Offers primary support services including pregnancy tests and education about pregnancy options, STIs, Sexual health, and abortion risks and alternatives. Empowers clients toward their fullest potential, resisting lifestyles of isolation through high caliber and sought after enrichment classes (Healthy Pregnancy, Parenting, Embrace Life, and WORTH Sexual Healing courses) to discover their identity, deepen self-awareness, stop destructive family cycles, and cultivate new ways of living, loving, and leading their families. Partners with other businesses, non-profit organizations, churches, etc. to provide holistic care toward wholeness in all areas of life and is provided without regard to an individual's ability to pay.

#### **Randolph County Health Department**

336-318-6200 • 2222-B S. Fayetteville St., Asheboro, NC

8 am-5 pm, Monday-Friday

Offers birth control, counseling, education and physical exams for women of child-bearing age. Services are provided on a sliding scale fee system. Program offers resource materials in Spanish and has Spanish-speaking staff.

# ADDITIONAL RESOURCES

### Where can I get a social security or ITIN card?

#### Social Security Administration 1-800-772-1213 or 1-888-472-6119 (Asheboro office) 157-K Dublin Square Rd., Asheboro, NC 9 am-4 pm, Monday, Tuesday, Thursday, and Friday; 9 am-Noon, Wednesday Program offers resource materials in Spanish.

Catholic Charities Counseling Office Greensboro
336-288-1984 • 2311 W. Cone Blvd., Suite 145,
Greensboro, NC
336-714-3212 • Immigration Office Direct Line
Counseling provided for ages 18 to adulthood and couples. \$90 a session; some insurances accepted; sliding fee scale offered.

#### **Catholic Charities Regional Office Winston Salem**

 336-727-0705 • 1612 14<sup>th</sup> Street NE, Winston-Salem, NC Teen parent support. Stay the Course Community College program. TIE program-Translations and Interpretation. Youth in Crisis. A food pantry is also available on Thursdays. Wee Care Shop-open Tuesday and Thursday afternoons; infant and toddler clothing and articles ages birth-3T. Counseling for adults and couples-\$90 a session; some insurances accepted; sliding fee scale offered. Case management.

# Where can I get information about other community resources?

#### United Way 211

#### 2-1-1 or 1-888-892-1162 • www.nc211.org

Free, confidential, bilingual 24-hour telephone access to information about community-based organizations and government agencies. Program offers resource materials in Spanish.

#### Who can I call if I encounter a child or teen who has run away from home, who is homeless, or who has been missing or exploited?

#### National Runaway Safeline 1-800-786-2929 (1-800-RUNAWAY) www.1800runaway.org

National communication system for runaway and homeless youth. Available 24 hours a day throughout the United States and its territories, including Puerto Rico, the U.S. Virgin Islands, and Guam. Provides non-judgmental, confidential crisis intervention, and local and national referrals.

#### HOW TO CONTACT PARTNERSHIP PROGRAMS

Agency/ Program	Phone
Randolph County Health Department	336-318-6164
Child Care Health Nurse Consultant	
Spanish resources and bilingual staff	
Randolph County Department of Social	336-683-8010
Services	
Child Care Scholarship Program	
Spanish resources available	
Randolph County Partnership for	336-629-2128
Children	
Child Care Services	
Spanish resources and bilingual staff	
Asheboro City Schools	336-672-6636
Early Childhood Development Center	
Spanish resources and bilingual staff	
First Steps Early Learning Center	336-629-7837
(Pre-K site)	
Randolph County Public Library	336-861-6770
Randolph County Parents as Teachers	or
Spanish resources and bilingual staff	336-824-4144
Randolph County Schools	336-495-5915
Level Cross Blended Pre-K	
Spanish resources available	
Randolph County Schools	
Liberty Blended Pre-K	336-622-2253
Spanish resources and bilingual staff	
Randolph County Schools	336-824-4106
Ramseur Blended Pre-K	
Randleman Enrichment Center	336-498-1010
(Pre-K site)	
Randolph County Partnership for	336-629-2128
Children	
Spanish resources and bilingual staff	

Randolph County Schools	336-625-1558
Southmont Blended Pre-K	
Spanish resources available	
Randolph County Schools	336-629-3533
Tabernacle Blended Pre-K	
Randolph County Schools	336-434-1516
Trindale Blended Pre-K	
Spanish resources available	

#### **Emergency Phone Numbers**

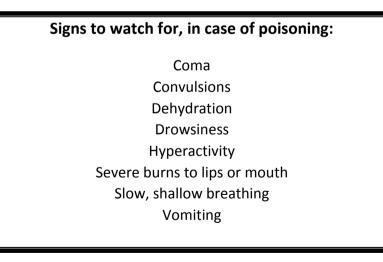
(Spanish-speaking staff available)

911 • Ambulance
911 • Police
911 • Fire
1-800-222-1222 • Poison Control

# Who do I call if I or someone in my family has been poisoned?

#### Poison Control Center - 1-800-222-1222

The regional center for information on the treatment of poisons offers emergency advice, as well as educational outreach programs and materials. Spanish-speaking staff.



#### STEPS TO FOLLOW IN A MEDICAL EMERGENCY

- **1** When an emergency occurs, one person should provide assistance while another calls for help.
- **2 Dial 911.** Give the dispatcher the required information using steps 3, 4, and 5 for guidance.
- **3** Give the location of the emergency. Include the cross streets, the room number, and the telephone number you are calling from.
- 4 Describe what happened. For example: an automobile crash, a sudden illness, etc. Tell the dispatcher what appears to be wrong. For example: the victim is bleeding, or unconscious, etc.
- **5** Inform the dispatcher what, if any, first aid is being given.
- 6 <u>Do not hang up</u> until the dispatcher hangs up. The dispatcher may tell you how to care for the victim. Return to the scene. Help care for the victim until medical assistance arrives.

**Everyone should know what to do in an emergency. Call your local American Red Cross at 336-629-2399 for information about CPR and first-aid courses.** Program offers resource materials in Spanish.

#### STEPS TO FOLLOW IF SOMEONE IS MISSING

- <u>CALL 911</u>. You will be connected with your local law enforcement agency. Be sure to provide the person's name, date of birth, height, weight, and any other unique identifiers such as eyeglasses and braces. Tell them when you noticed that the person was missing and what clothing he or she was wearing. <u>Be sure to obtain a case number and name of the</u> <u>person in charge of your case from the police</u>. Program offers resource materials in Spanish and has Spanish-speaking personnel.
- Request that the person's name and identifying information be immediately entered into the NATIONAL CRIME INFORMATION CENTER (NCIC) MISSING PERSON FILE by law enforcement.
- If a <u>child</u> is missing, call the NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN at 1-800-THE-LOST (1-800-843-5678) to get information on searching for your child, law enforcement, and family advocacy. Or visit the website at: www.missingkids.com
- If an <u>adult</u> is missing, file a report with the NORTH CAROLINA CENTER FOR THE MISSING PERSONS at 910-343-1131 and keep track of the case number. Or visit the website at: www.ncmissingpersons.org