Save the Date:



Week of the Young Child events

- ♦ Zootopia Art Explosion: Month of April
- ♦ Children's puppet parade (Asheboro): April 12, 2019
- ♦ Play Daze (Archdale): April 24, 2019
- ♦ Zootopia Project Work exhibit: Month of May

Additional information to be distributed in January!



Night of the Stars: May 9, 2019

Partnership's annual Early Care and Education Professional Development Recognition event!

Note: If you or your staff has or will be receiving a degree this school year in Early Childhood Education, Child Development, Family Studies or related field, please check in with Susan and confirm she has this information by March 31, 2019!



From the Partnership staff: Happy Holidays and New Year

"The Holiday Season is a perfect time to reflect on our blessings and seek out ways to make life better for those around us."

-Terri Marshall



If you would like to receive this newsletter by e-mail or would no longer wish to be on our mailing list, please call (336) 629-2128.

Child Care Services Program 349 Sunset Avenue Asheboro, NC 27203



Early Education Explorations

Discovery, Investigation & Experiences in Randolph County's Quality Early Care & Education

Celebrations! In gratitude and recognition for the outstanding service and daily dedication these child care centers and early educators have provided to Randolph County children and families over the years. We thank you for the wonderful environment you have created and little minds and bodies you have helped shape!



We Care Child Development Center celebrating30 years



The Children's Center of Asheboro celebrating.......45 years

Vol. 18 Issue I

January - March 2019

A monthly publication of the Randolph Partnership for Children, providing resources for the early childhood community.



The Growing Place Child Care Center celebrating........... 30 years



Trin-Dale Children Center, Inc. celebrating.........41 years

Randolph Partnership for Children

To add your name to our mailing list please contact us! Include your name, address, phone, fax, etc.

349 Sunset Avenue Asheboro, NC 27203 Phone: 336-629-2128 Fax: 336-629-2135

Did You Know?

Selected Behaviors that Warrant Concern for Infants and Toddlers (Birth to 3 years old)

- Chronic eating or sleeping difficulties
- Inconsolable "fussiness" or irritability
- Incessant crying when left with another adult
- Inability to adapt to new situations
- Easily startled or alarmed by routine events
- Inability to establish relationships with other children or adults
- Excessive hitting, biting, and pushing of other children or very withdrawn behavior
- Flat affect (shows little to no emotion at all)

The Basics of Infant and Early Childhood Mental Health

Early experiences matter—a lot! In the first years of life, more than 1 million new neural connections are formed every second. Babies' earliest relationships and experiences shape the architecture of their brain, creating a foundation on which future development and learning unfolds. Babies who engage with responsive, consistent, nurturing caregivers and who are living in safe and economically secure environments are more likely to have strong emotional health—also referred to as infant and early childhood mental health. As they mature, their emotional health supports growth and well-being in other essential areas including physical development and health, cognitive skills, language and literacy, social skills, and even their approach to learning and readiness for school. When emotional health is compromised, so too is development across these other areas, leaving children more susceptible to poor health, poor educational performance, and even criminal justice involvement over the course of their lives. Promoting the emotional health of infants and young children should be underscored as an essential ingredient for a bright future for all infants and young children.

What is Infant and Early Childhood Mental Health?

IECMH is the developing capacity of the child from birth to 5 years old to form close and secure adult and peer relationships; experience, manage, and express a full range of emotions; and explore the environment and learn—all in the context of family, community, and culture. Experts from a range of disciplines consider Infant and Early Childhood Mental Health to be the foundation of healthy, lifelong development.

Resource: Zero to Three



Emotional development starts at the beginning.







Social and emotional development of infants and young children is the foundation upon which all development—physical growth and health, cognitive skills, and language acquisition—unfolds. It stands to reason, then, that those who work with infants, young children and their families should integrate the tenets of infant and early childhood mental health in their practice and professional competencies. A strong early childhood skilled workforce incorporates content knowledge in infant and early childhood development and family dynamics and has a good understanding of risk factors as well as the practical and assessment skills for reflective teaching, observing and documenting.

Professional Development Training series

High-quality early childhood programs promote healthy development and provide critical support to families. To achieve the level of quality that leads to positive outcomes for children and families, early educators need to think about child development as a continuous, step-by-step process. Join us as we explore strategies and opportunities to enhance and support our dynamic workforce and infants, toddlers and early childhood classroom environments.

Directors' Institute: Reaching and Teaching Children Exposed to Trauma

Facilitator: Anita Faulkner

January 23: Understanding Extreme Behavior February 20: Mindfulness - Be Right Here March 20: Motivating and Praising

Laying the Groundwork: Fostering a Positive Classroom Community

(Infant, Toddler and Twos)

Facilitator: Carrie Becker Randleman Senior Center 6:30 - 8:30 pm

January 24: The Proactive Teacher: Beyond Managing Behaviors

February 21: Big Feelings in Little Bodies

March 21: Sensory Processing: Understanding Sensory Needs

Foundations of Autism: Implications for Early Learners

(Twos - Twelve Year Olds)

Facilitator: Beth Mills Fairfield United Methodist Church 6:30 - 8:30 pm

January 15: Autism 101

January 29: Engineering the Classroom for Success

February 12: Foundations of Social Skills - Navigating the Hidden Curriculums

February 26: Behavior - Changing the Mindset
March 12: Understanding Sensory Differences

March 26: From Theory to Practice: What does all this man for my everyday

classroom?

Coming Spring 2019

April, May and June

The Power of Sign Langauge

Babies and young children can master sign language as a way to communicate and express their feelings, emotions and needs.
Research indicates this form of communication can reduce tantrums and frustration while making learning fun in a social and interactive environment.

ASK conference Advancing Skills & Knowledge

February 23, 2019

East Chapel Hill High School
8:15 am—3:15 pm

Group rate per person \$48

Submit application and monies
to Partnership office by
1/15!

.5 CEU for all day Reggio Emilia training tread

View brochure:

www.childcareservices.org



Over 100 early educators attended the North America Reggio Emilia Alliance, Brick by Brick series: The Role of the Teacher as Researcher, and participated in an insightful and inspiring presentation by NAREA colleagues. Photo: Randolph, Guilford, NAREA educators

CLASS trainings provided our early educators a framework that captured the effective interactions that align with children's social, emotional and academic success.







