



Sidewalk Chalk

Monthly e-newsletter

OUR VISION

All children in Randolph County enter kindergarten healthy & ready to succeed in school and life.

In this month's issue:

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- 20th Anniversary Open House photos
- Building Resilience in Randolph County
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"A Moving Child is a Learning Child."

~Gill Connell and Cheryl McCarthy

Inspirations

Once again, it is autumn in North Carolina – the time of year when our beautiful state seemingly dares us not to sip coffee outside on crisp, cool mornings or take a leisurely stroll in the golden warmth of a more gentle afternoon sun.

Getting out-of-doors is something we at the Partnership promote strongly for the children, families, and early educators we serve. Going outside is a refreshing pause in the day's schedule – time set aside to look and listen, explore and observe, move and let loose. We know, and research affirms, that time spent outside can lead to better physical and mental health, improved sleep, and cognitive, social, and emotional gains for young children.

Of the many benefits outdoor play readily brings about, I think often about how effectively it anchors our children to the real world. Talking with a child about an illustration of a stone, for example, in a picture book is good, but sharing the book and the experience in the real world is even better: "I wonder what the grass looks like under this rock? Oh, look! There are bugs living under there!" Children develop more comprehensive knowledge about their world when they have a chance to watch, observe, predict, and learn in the moment.

There's plenty of splendor to behold in Randolph County this time of year. May you and yours enjoy many moments in the great outdoors this fall!

[Lisa Hayworth](#)



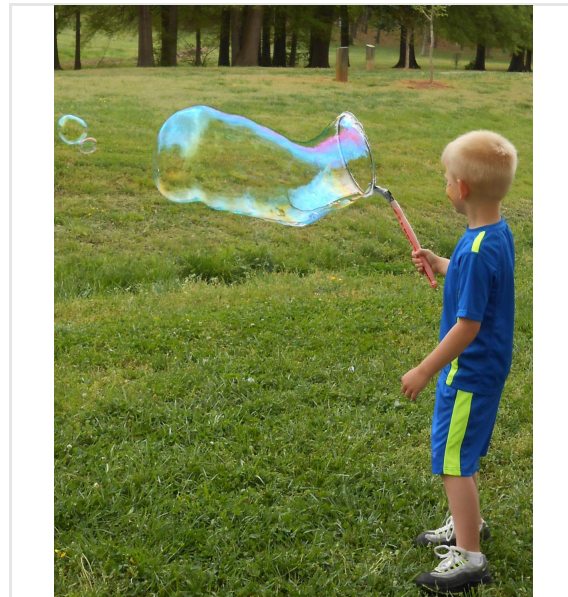
Take a Child Outside Week

In celebration of Take a Child Outside week, which is September 24-30 this year, child care centers are taking part in the Partnership's fall 2019 Play Daze event, **Adventure Play**. The event is being held in the expansive, fenced-in school-age Outdoor Learning Environment at The Children's Center of Asheboro on Tuesday, Wednesday, and Thursday. Play sessions accommodate up to 100 children.

Activities, which can be replicated by child care providers, schools, and especially families in their own backyards, include ball throws, bubbles, dance spark, drum circle, engineering, fairy garden, fender blender, fort building, lawn play, loose parts, mud cafe, mural art/cardboard boxes, obstacle course, sand play, and water tables.

Two-and-a-half hour sessions are being held for preschoolers in the morning. A school-age session, also two-and-a-half hours, is being held Wednesday afternoon. Participating centers were encouraged to bring lunch or snack to enjoy in the picnic shelter.

Outdoor play provides children with active opportunities to create, explore, and learn. The Adventure Play event is an extension of the ShapeNC and Play Daze initiatives, and is being implemented through collaboration with Randolph County Public Health and The Children's Center.

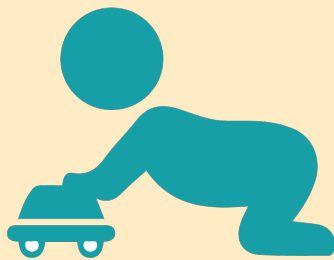


Learn more about Take a Child Outside week & the benefits of outdoor play!

Outdoor play is great for babies, too!
**Explore Through Movement
 and Play**

is one of "[The Basics Randolph](#)" pillars,
 which are 5 simple, free things parents and

caregivers can do to nurture brain development and raise happy, smart children!



On September 12, the Partnership hosted an open house celebrating our 20-year milestone. Here are some photos from the event, as well as a video of the timeline we created.

Join us:

Nov. 21, 8 a.m., for Coffee & Conversation at the Guil-Rand Fire Dept. in Archdale

Nov.22, 7:15 a.m., for Business Before Hours at our office in Asheboro as we continue to mark our 20th year working with child care professionals, early care and education programs, and the community to ensure all children in Randolph County enter kindergarten ready for success in school and life.



From 1999



to 2019





Building Resilience in Randolph County

There will be a screening of the documentary [Resilience](#) ahead of a one-day community seminar to address toxic stress and support building resilience in Randolph County. The screening will be held Tuesday, September 24 at First United Methodist Church of Asheboro. Andee Edelson and Kristy Umfleet will host the screening and facilitate a

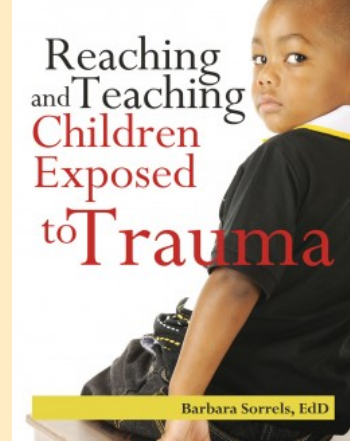
discussion.

About the documentary:

“The child may not remember, but the body remembers.”

Researchers have discovered a dangerous biological syndrome caused by abuse and neglect during childhood. As the documentary *Resilience* reveals, toxic stress triggers hormones that wreak havoc on the brains and bodies of children, putting them at greater risk for disease, homelessness, incarceration, and early death.

“Resilience” chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress—and the dark legacy of a childhood that no child would choose.



The community seminar, [Creating Environments that Heal](#), will be held on October 12 from 9 a.m. until 3:30 p.m. at the Randolph Senior Adults Association in Asheboro.

The presenters will focus on identifying children exposed to trauma, sharing strategies to use in the classroom, building relationships with families to create protective factors, and how to care for yourself when working with children exposed to trauma.

All participants will receive Barbara Sorrells' book *Reaching and Teaching Children Exposed to Trauma* and a relaxing wellness basket. A light lunch will be provided.

The \$10 registration fee includes 0.5 CEU (must attend all three breakout sessions).

Presenters include Barbara Sorrells, EdD, Tanya Dennis, M.Ed., and Ennis Baker, MSW, LCSW.

For information on documentary screenings or the Creating Environments that Heal seminar, call us at 336-629-2128 or email Kristy Umfleet at kumfleet@randolphkids.org.

SEMINAR FLYER

SEMINAR REGISTRATION FORM

Please also share with your **faith leaders** that in collaboration with Jordan Memorial United Methodist Church in Ramseur, there will be a half-day seminar for faith-based leadership in our area churches. **Changing the Question** will be held **Tuesday, Oct. 8** and will offer members of the faith community information on how Adverse Childhood Experiences cause trauma, how trauma effects the brain, and how to develop a theology of care within a faith congregation. This seminar will be presented by Meredith Martin, M.Div., MSW, LCSWA.

Changing the Question flyer

Girl Scout Book Drive

Area Girl Scout leaders joined forces to coordinate a book drive that culminated in the donation a whopping 1,059 books to the Partnership. Executive Director Lisa Hayworth visited a local meeting on Saturday, September 14 to talk about Partnership initiatives, especially **early literacy programs**. Leaders then presented Lisa with cases of books. The book drive was selected as the service project for Leaderee 2019, held September 13-15 at Camp Keyauwee in Sophia.

The Partnership handed out 6,820 gently used and new books to young children in Randolph County during the 2018-19 fiscal year during community events and holiday parades.

"We thank Brenda Newsome and all volunteer leaders for organizing and supporting the drive," Lisa said.

The Partnership is always accepting donations of gently used and new books for young children. **Contact us** for more information.



Penciled in

- **Tuesday-Thursday, Sept. 24-26:** Take a Child Outside Week Adventure Play at The Children's Center
- **Tuesday, Sept. 24:** Family Engagement & Leadership Coalition Meeting at Senior Adults Center, Asheboro **11 a.m.**
- **Tuesday, Sept. 24:** *Resilience* screening at First UMC, Asheboro **6:30 p.m.**
- **Thursday, Sept. 26:** KidsReadyNC Celebration Banquet **6 p.m.**
- **Thursday, Oct. 3:** New Board Director Orientation
- **Saturday & Sunday, Oct. 4-5:** Asheboro Fall Festival. Visit our booth!
- **Tuesday, Oct. 8:** Trauma Informed Faith Communities seminar at Jordan Memorial UMC, Ramseur **8 a.m.**
- **Tuesday, Oct. 15:** Board of Directors meeting **8:15 a.m.**
- **Tuesday, Oct. 22:** Family Engagement & Leadership Coalition Meeting at Senior Adults Center, Asheboro **11 a.m.**



- **Wednesday, Oct. 23:** Sustainability Committee Meeting **1 p.m.**

[Visit our calendar online, too!](#)

*Help us put kids first in
Randolph County!*

Donate

new & gently used books
new infant blankets
diapers

Shop

We're connected with Amazon Smile, so when you shop and select Randolph County Partnership for Children, you're helping to raise money for literacy programs, parent support, early childhood professional development and NC Pre-K right here in Randolph County!



Randolph Partnership for Children | 349 Sunset Ave., Asheboro, NC 27203 | 336-629-2128

Visit our website