



Sidewalk Chalk

Monthly e-newsletter

OUR VISION

All children in Randolph County enter kindergarten healthy & ready to succeed in school and life.

In this month's issue:

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"Gratitude can transform common days into thanksgiving, turn routine jobs into joy, and change ordinary opportunities into blessings."

—William Aurthur Ward

Inspirations

Thanksgiving is a wonderful time of year because it beckons us to take time in our day-to-day lives and give thanks for what we have.

I am so very thankful for our expansive Partnership for Children family. To our staff, board, donors, early educators, service providers, volunteers, collaborators, funders, and especially to the families and children with whom we work, please know that the bounty of my life is made richer because of *you*.

How can I find the words to convey the depth of my appreciation? *You* make the Randolph Partnership for Children a better organization. *You* make our mission more attainable. *You* turn our vision into reality. *You* make my work more fulfilling and worthwhile than I ever dreamed possible.

I sincerely and wholeheartedly thank you, and I wish you and yours a very blessed and happy Thanksgiving.

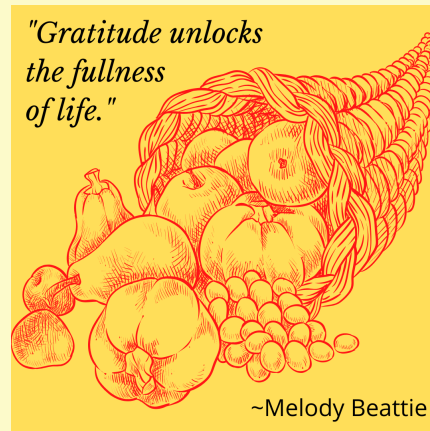


I am grateful for...

It's been an incredibly difficult year. As often happens when there are so many challenges, setbacks, tragedies, hope and resilience can shine through if we let them.

In the spirit of thanksgiving and gratitude, RPC staff members were challenged to inspire hope and resilience by sharing their answers to this fill in the blank:

I am grateful for _____.



Here are their responses:

"I am grateful for all the little things and little moments." ~Lisa Hayworth

"I am grateful for my family and good friends!!" ~Cindy Shoe

"I am grateful for friendship." ~Scarlet Welborn

"I am grateful for my loving family, friends, and my work family! I am truly blessed to have such a great support system during these unprecedented times. I thank God for placing such remarkable people in my life." ~Joy Johnson

"I am grateful for my health, my family and friends, and coffee!" ~Kristy Umfleet

"I am grateful for health, because COVID-19 has been taking a lot of peoples lives and breaking up families." ~Shirley Stotts

"I am grateful for being a mom to my three boys and 'Lolly' to my two beautiful grandsons." ~Patty Sullivan

"I am grateful for the time to notice and appreciate nature's beauty all around me through each season this year, outdoor games and bon fires with our kids, and coffee!" ~Micki Bare

What are you grateful for this year?

Check Presentation



We are so grateful for your participation in Virtual Pancake Day week! We placed second in the digital competition, earning at \$1,500 donation from Kiwanis Club of Asheboro.

We look forward to using it to purchase books as we continue to put books in the hands of infants, toddlers, and preschoolers in Randolph County.

Broaden Your Picky Eater's Palate

On November 12, Scarlet Welborn, one of RPC's infant-toddler TA specialists, appeared on WGHP Fox 8 News' Mommy Matters segment. She spoke with Cindy Farmer about how to use holiday food preparation and meal times as a way to broaden the palates of picky eaters as well as introduce new, healthy foods into your family's routine menus.



The first recommendation Scarlet made was to allow children to be part of the planning. Preschoolers and even some older toddlers can help you pick a recipe. They can also help you at the grocery store as you point to what's needed, read labels, and place items in your cart.

[READ MORE](#)

Family-Friendly Recipe

Early Childhood Health & Wellness Specialist Patty Sullivan and her husband Kurt love to cook with their grandchildren. This video clip shows Kurt getting big help from grandson Fischer as they work together to make **homemade applesauce**.

Here is the simple recipe that you and your toddler can use over the holidays:



INGREDIENTS:

3 medium apples (*point to different kinds, talk about the colors, shapes, and sizes, taste-test to pick favorite*)

1/4-1/2 teaspoon ground cinnamon (*be sure to smell and compare to other spices, like ginger or rosemary*)

3-5 Tablespoons water (*count them together*)

1 1/2 teaspoons lemon juice or apple cider vinegar (*more smells to compare*)

INSTRUCTIONS:

First, use an apple corer to slice your apples.

Place the slices (*count as you go*) in a medium saucepan with cinnamon, water, and lemon juice or vinegar, and then stir.

Cover and cook over medium heat until it simmers, then reduce to low and cook until the apples are very tender and slightly caramelized (about 15-20 minutes), stirring occasionally.

Carefully transfer to a strainer like the one in the video or one that fits over a bowl and mash the apples through the strainer into a bowl. When you have nothing but peels left in the strainer, you're done!

GIVING TUESDAY

Together
we give.



December 1, 2020

Giving Tuesday is a worldwide movement rooted in generosity. This movement, which began in 2012, strives to build a world in which the catalytic power of generosity is at the heart of the society we build together, unlocking dignity, opportunity, and equity around the globe.

This year, during Giving Tuesday, we will be sharing **#Unselfie** messages of generosity from Board Directors and our staff. Their expressions on **why** they give to the Partnership, through time, talent, and/or resources, are sure to brighten your spirit. On Dec. 1, visit our Facebook, Instagram, and Twitter pages to see our #Unselfies.

To Learn more about Giving Tuesday and our #Unselfie campaign, to participate (you don't have to be a board director or staff member to submit an #Unselfie, **everyone** is welcome to participate!), or to give, visit our Giving Tuesday webpage.

RPC GIVING TUESDAY

Penciled In

- **Wed., Nov. 18, 11 am:** Family Engagement & Leadership Coalition
- **Thurs., Nov. 19, 1 pm:** Sustainability Committee
- **Thurs., Nov. 19, 3:30 pm:** Randolph ChAMPS
- **Thurs., Nov. 19, 6:30 pm:** Introduction to Pre-K CLASS Session 1
- **Thurs., Nov. 26:** HAPPY THANKSGIVING
- **Tues., Dec. 1, 6 pm:** Growing Up WILD Session 1
- **Wed., Dec. 2, 6:30 pm:** Project Learning Tree Session 1
- **Thurs., Dec. 3, 6:30 pm:** Introduction to Pre-K CLASS Session 2
- **Tues., Dec. 8, 6 pm:** Growing Up WILD Session 2
- **Wed., Dec. 9, 6:30 pm:** Project Learning Tree Session 2
- **Tues., Dec. 15, 8:15 am:** Board of Directors
- **Wednesday, Dec. 16, 11 am:** Family Engagement & Leadership Coalition



[VIEW OUR CALENDAR](#)

*Help us put kids first in
Randolph County!*

Donate

new & gently used books
new infant blankets
diapers

Shop

We're connected with [Amazon Smile](#), so when you shop and select Randolph County Partnership for Children, you're helping to raise money for literacy programs, parent support, early childhood professional development and NC Pre-K right here in Randolph County!

Help bring joy this season

Buy your gifts at AmazonSmile and Amazon donates

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