



Sidewalk Chalk

Monthly e-newsletter

OUR VISION

All children in Randolph County enter kindergarten healthy & ready to succeed in school and life.

In this month's issue:

- The Basic Randolph Resolutions
- Little Free Library
- Award Announcement
- Happy Birthday Dolly Parton
- Penciled In



"Every child begins the world again."

—Henry David Thoreau

The Basics Randolph Resolutions

The Basics Randolph are 5 simple things parents and caregivers of infants and toddlers can do to nurture brain growth and development at the most critical time in baby's life, during which 80% of brain growth occurs.

That's why we've got 5 suggestions, one for each of the Basics Randolph, for 2021 New Year's resolutions that will help build a great foundation for baby's future learning, health, and success.



Maximize Love & Minimize Stress: Do one thing every day for you! It can be small, and last only moments, but play your favorite song and belt out the lyrics, sip your favorite tea, stop for a few minutes of yoga or cardio. Be selfish for a moment each day to take care of you, because a happier you makes it easier to handle the stress of parenthood and caregiving.

Talk, Sing, and Point: Point to one object inside and one object outside. We all babble and talk to babies. Adding the gesture of pointing helps build

connections that help with understanding. Point to toy when you ask baby if she wants it. Point to a bush or flower when you notice and mention it while out for fresh air.

Count, Group, and Compare: Add counting with baby to mealtimes. Count the crackers or orange slices as you place them on a napkin or plate. Count each spoonful as you feed baby pureed carrots. Or count silverware as you set the table. When you count as you go, you're building a foundation for success in mathematics and science.

Explore Through Movement and Play: Let baby touch something new. Each day, find something new or go to a new place where you can expose baby to new things (like playing with sticks, rocks, feathers, shells; or placing baby on a blanket in the yard where she can roll around and see and touch grass, leaves, dirt). Everything new that baby processes through touch, sight, and smell is building neural paths and connections in the brain.

Read and Discuss Stories: Read one book a day with baby. Don't worry about the number of minutes or books. Just pick one book (it can even be the same book) each day, snuggle together and read with fun voices, ask questions, point at pictures, and enjoy the escape from the stress of the day. Doing this right before bedtime really does help settle baby for a good night's sleep!

Little Free Library



Great beginnings can be boosted by reading to baby starting at birth. And January and February are great for reading aloud while snuggled warm and cozy together. Why not add a new book to your collection?

The Little Free Library outside our office building (house) on Sunset Avenue is restocked with great selections for children and families. We fill it regularly so young children can continue to build their personal home libraries.

For those of you starting the New Year by reorganizing and decluttering, if you have gently used children's books to donate, call us at 336-629-2128 to arrange for pick up or drop off.

Award Announcement

Executive Director Lisa Hayworth was notified on January 19 Randolph Partnership for Children was awarded a \$1000 grant by the TJX Foundation. The check is earmarked to support RPC's Promoting Racial Equity in Early Care & Education program. It was awarded on behalf of TJX Foundation's Corporate Associate Nominated Grants Program.



"We are so grateful for these funds, which will help us in our efforts to create safe environments for early care and education professionals to explore implicit bias and racism in child care and preschool settings," Lisa said. "By creating communities of practice through which we can provide support and resources, we will work to remove barriers created by bias and racism to ensure all children in Randolph County get the best, most equitable foundation needed for success in school and life."

The Community Mission of the TJX Foundation is to provide value to its communities by helping vulnerable families and children access the resources and opportunities they need to build a better future.

The TJX Companies, Inc., is a leading off-price apparel and home fashions retailer in the U.S. and worldwide. It operates T.J. Maxx and Marshalls, HomeGoods, Sierra, and Homesense.

Happy Birthday Dolly Parton!



Dolly Parton celebrated her birthday on January 19. As the founder of Dolly Parton's Imagination Library, she has spread the gift of reading across our country and the globe.

In North Carolina, all infants, toddlers, and preschoolers can register for the Imagination Library and receive a FREE book EVERY MONTH mailed directly to the child until their 5th birthday!

We currently have nearly 4000 children registered for the Imagination Library in Randolph County. There are more than 4000 *more* that can register, but haven't. You can help get the word out by telling family, friends, and neighbors; posting a flyer and window cling about it at your place of business and directing families to the registration link or application pamphlet; or sharing posts on social media.

Contact us at 336-629-2128 for more information.

Imagination Library Online Registration

About the Imagination Library in Randolph County

Penciled In

- **Tues., Feb. 2, 1 pm:** Grant Review Committee
- **Thurs., Feb. 4, 6:30 pm:** Introduction to The Basics Randolph for Early Educators
- **Tues., Feb. 16, 8:15 am:** Board of Directors
- **Wed., Feb. 17, 11 am:** Family Engagement & Leadership Coalition
- **Thurs., Feb. 18, 4 pm:** Randolph ChAMPS



Visit our Calendar

*Help us put kids first in
Randolph County!*

Donate

new & gently used books
new infant blankets
diapers

Shop

We're connected with [Amazon Smile](#), so when you shop and select Randolph County Partnership for Children, you're helping to raise money for literacy programs, parent support, early childhood professional development and NC Pre-K right here in Randolph County!



SHOP NOW

Randolph Partnership for Children | 349 Sunset Ave., Asheboro, NC 27203 | 336-629-2128

Visit our website