

AUTHENTIC VOICES

NORTH CAROLINA FAMILY AND YOUTH ORGANIZATIONS/ AGENCIES RESOURCE DIRECTORY

Update 2.10.22



This directory is provided to you by Authentic Voices (Center of Excellence). A Center for practical approaches to serving families, youth, young adults, and their communities.

Authentic Voices ensures ongoing access to responsive training and resources for all cross systems stakeholders through authentic family and youth driven practices and highly vetted, senior family and youth leadership. The Center builds upon and utilizes North Carolinas rich culture of family and youth leadership coupled with National resources and leaders. It promotes and accesses current trainings and as the culture evolves will create trainings that support emerging leaders. The Center is a place of excellence for cross systems, family driven/youth guided trainings, co- trainings and family and youth centered resources.

Please note that as systems change to fit the needs of the families, youth and children across North Carolina so will the resources. This resource guide will be updated quarterly, and the updated version can be located on our website at <https://mentalhealthtransformationalli.godaddysites.com/center-of-excellence>.

If you need to update information within this directory or add a resource, contact Stacy Morgan at 276.274.7068 or sjustiss.mhta@outlook.com.



A Program of Mental Health Transformation Alliance (MHTA)

American Indian Mothers Inc.

American Indian Mothers Inc. (AIMI) is a 501(c) (3) not-for-profit organization serving the education, health, social service, and agriculture and cultural needs of American Indians (AI) and minorities residing in North Carolina.

Website: <https://americanindianmothersinc.org/>

Contact: Beverly Collins-Hall, Executive Director
beverlycollinshall@gmail.com

108 South Main Street,
Red Springs, NC 28377
Phone: (910) 843-9911

Coverage Area: 17 Counties Trainings Available:

Area(s) of Expertise: Other- continuing education, job training and placement; health education, nutrition and fitness and services referral, HIV referral and case management services, and counseling programs for alcoholism and substance use through traditional principles and practices of the First Peoples.

The ARC of North Carolina

The Arc of North Carolina is committed to securing for all people with intellectual and developmental disabilities the opportunity to choose and realize their goals of where and how they learn, live, work and play.

Website:

Contact: Gerri Smith
gsmith@arcnc.org

343 E Six Forks Road. Suite 320
Raleigh, NC 27609
Phone: (919) 782-4632

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information Systems



A Program of Mental Health Transformation Alliance (MHTA)

Attach Families

To provide support and promote opportunities that enhance the lives families raising children with trauma and attachment disorders.

Website: www.attachfamilies.org

Contact: Katherine Noto, President
Katie.rose@attachfamilies.org

2464 Pleasant Road, Suite A
PMB 10407
Fort Mill, SC 29708
Phone: (516) 524-3263

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Disability Specific Information, Advocacy, Trauma

Autism Society of North Carolina

To provide support and promote opportunities that enhance the lives of individuals within the autism spectrum and their families.

Website: <http://autismsociety-nc.org/>

Contact: Kim Tizzard, Director of Family Support
ktizzard@autismsociety-nc.org

Jennifer Mahan, Director of Public Policy
jmahan@autismsociety-nc.org

5121 Kingdom Way, Suite 100
Raleigh, NC 27607
Phone: 1-800-442-2762

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Disability Specific Information, Advocacy



A Program of Mental Health Transformation Alliance (MHTA)

Combat Female Veterans Families United

CFVF United provides transition services to Combat Female Veterans (CFVs) and their families, supporting life after war.

Website: <https://www.cfvfunded.com/>

Contact: Sandra Robinson
sandra.robinson@cfvfunded.com

5574-D Garden Village Way #3,
Greensboro, NC 27410
Phone: (919) 637-7679

Coverage Area: Statewide Trainings Available:

Area(s) of Expertise: Advocacy, Other-Economic, Transition

Covenant Case Management Services

Covenant is committed to providing the highest quality care for people with intellectual and developmental disabilities. We are continually seeking new and innovative ways to serve individuals to give families the best opportunity for a secure and promising future.

Website: <https://www.CovenantToServe.com/>

Contact: Jeff Phillips, Clinical Director
Jeff.phillips@covenantcms.com

9940 Monroe Road,
Suite 201-202,
Matthews, NC 28105-5346
Phone: (980) 284-1639

Coverage Area: Cabarrus, Mecklenburg, Rowan, Stanly, Union, Davidson, Davie, Forsyth, Rockingham, Stokes, Alamance, Caswell, Chatham, Orange, Person, Franklin, Granville, Halifax, Vance, Warren, Surry, Iredell, Yadkin, Catawba, Cleveland, Burke, Lincoln, Gaston, Rutherford, Allegheny, Ashe, Wilkes, Watauga, Alexander, Caldwell, Avery, Mitchell, McDowell, Yancey, Madison, Buncombe, Henderson, Haywood, Transylvania, Polk, Jackson, Swain, Macon, Clay, Graham, Cherokee



A Program of Mental Health Transformation Alliance (MHTA)

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Other-Guardianship, Supported Employment, Transition

Exceptional Child Assistance Center (ECAC)

ECAC is a private non-profit parent organization committed to improving the lives and education of ALL children through a special emphasis on children with disabilities and special healthcare needs. ECAC affirms the right of all individuals, from all backgrounds and cultures, with or without disabilities, to an appropriate education and other needed services. We seek to make that right a reality by providing information, education, outreach, and support to and for families with children across the state of North Carolina.

Website: ecac-parentcenter.org

Contact: Aimee Combs, PTI Director
ecac@ecacmail.org

907 Barra Row, Suites 102/103
Davidson, NC 28936
Phone: (800) 962-6817

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Families as Leaders, Leadership Styles, Resource Directories, Advocacy, Disability Specific Information, Youth as Leaders, Partnership, Information on Systems, Other-Schools

Family Agency Collaborative Training Team (FACTT)

The mission of FACTT is to unify efforts that support the growth and maintenance of NC family trainer development and family-agency training partnerships

Website: https://cfface.chass.ncsu.edu/projects/family_engagement/FACTT.php

Contact: Glenda Clare, Ph.D., Family Partner Specialist
gsclare@ncsu.edu



A Program of Mental Health Transformation Alliance (MHTA)

Cox Hall, 2700 Katharine Stinson Dr.,
Raleigh, NC 27607,
Campus Box 8622,
Raleigh, NC 27695-8622
Phone: (919) 515-0111

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Leadership Styles, Co-Training as an Agency/Family/Youth Team

Family Support Network of North Carolina

The mission of the Family Support Program is to promote and provide support for families with children who have special needs

Website: <http://fsnnc.org/>

Contact: Barbara Leach, Family Support Specialist
fsp.cdr@unc.edu

325 Pittsboro Street,
Chapel Hill, FL 27599
Phone: (800) 852-0042

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Partnership, Trauma Informed.

The Family Support Health Information Center provides statewide information and referral to families with children with IDD, special healthcare The Family Support Network-University office provides various workshops and seminars related to working with families who have intellectual/developmental disabilities and related special needs. Regional FSN affiliates offer workshops and support groups for families with children who have special needs, and training for parents interested in becoming a trained Support Parent/Mental to new parents seeing parent-to-parent social/emotional support.



A Program of Mental Health Transformation Alliance (MHTA)

First in Families of North Carolina

We are a catalyst for people with disabilities and their families in North Carolina to meet their self-determined needs by leveraging relationships and resources and encouraging reciprocity in their communities.

Website: <http://fifnc.org/>

Contact: Debby Torres, Communications and Sustainability Director
dtorres@fifnc.org

3109 University Drive, Suite 100
Durham, NC 27707
Phone: (919) 251-8368

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: FIFNC is a catalyst for individuals and families in North Carolina to meet self-determined wellness goals, by leveraging relationship and resources, and encouraging reciprocity in their communities.

The Foster Family Alliance of North Carolina

Our mission is to build a community of individuals and organizations serving foster children through networking, education and advocacy.

Website: ffa-nc.org

Contact: Gaile Osborne, Executive Director

Phone: 1-800-578-7770

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems



A Program of Mental Health Transformation Alliance (MHTA)

Learning Disabilities Association of North Carolina

The Learning Disabilities Association of North Carolina (LDANC) promotes awareness of the multifaceted nature of learning disabilities. We support equitable opportunities for people with learning disabilities to participate in life's experiences. LDANC seeks to accomplish this through education, support, advocacy, collaboration and the encouragement of ongoing research.

Website: <https://ldanc.org/>

Contact: JoAnna Barnes, President
LDA.of.North.Carolina@gmail.com

P.O. Box 3832
Chapel Hill, NC 27515

Coverage Area: *Statewide* Trainings Available:

Area(s) of Expertise: *Disability Specific Information, Advocacy, Other-Schools*

Mom's Rising

Covering all 50 states, the MomsRising Team is unified by a mission of increasing family economic security, decreasing discrimination, and building a nation where both businesses and families can thrive.

Website: <https://www.momsrising.org/page/moms/nc/main>

Contact: Beth Messersmith, Senior Campaign Director
Beth@MomsRising.org

7 Beech Slope Way
Durham, NC 27713
Phone: (919) 323-6179

Coverage Area: *Statewide* Trainings Available: *Yes*

Area(s) of Expertise: *MomsRising works on a broad range of issues that impact children and families including access to health care, paid family and medical leave, paid sick days, pregnant worker accommodations, food insecurity, breastfeeding, early learning and child care, immigration, gun violence prevention, oral health, environmental health and more.*



A Program of Mental Health Transformation Alliance (MHTA)

Mental Health Transformation Alliance (MHTA)

The mission of MHTA is to ensure families, youth, and community and state partners have access to the support and resources needed to implement a family driven youth guided system of care.

Website: <https://mentalhealthtransformationalli.godaddysites.com/>

Contact: Stacy Morgan, Executive Director

Phone: (276) 274-7068

Coverage Area: Statewide & National Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Resource Directories, Information on Systems

National Association for the Mentally Ill North Carolina (NAMI NC)

The mission of NAMI North Carolina is to provide support, education, advocacy, and public awareness so that all affected by mental illness can build better lives.

Website: <https://naminc.org/>

Contact: Dr. Gary Crites, Executive Director
gcrites@naminc.org

309 W. Millbrook Road, Ste. 121
Raleigh, NC 27609
Phone: (919) 788-0801

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Partnership, Families as Leaders, Resource Directories, Co-Training as an Agency/Family/Youth Team, Other-Recovery, Peer to Peer, Homefront/Support Groups

North Carolina Families United (NCFU)

NC Families United supports and unites the voices of children, youth, and families with mental health concerns to educate, support and advocate for improved services and lives.



A Program of Mental Health Transformation Alliance (MHTA)

Website: <https://www.ncfamiliesunited.org/>

Contact: Cori Harper, Executive Director
charper@ncfamiliesunited.org

795 Boone Station Drive,
Burlington, NC 27215
Phone: (336) 395-8828

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Partnership, Leadership Styles, Families as Leaders, Resource Directories, Co-Training as an Agency/Family/Youth Team, Healthy Transitions, Other-Triple P

North Carolina Fetal Alcohol Spectrum Disorders Informed

The mission of our all-volunteer, grassroots, nonprofit organization is to create FASD informed communities to empower individuals impacted by prenatal exposure to alcohol. Our vision: a world where individuals with FASD can thrive.

Web: www.NCFASDInformed.org

Contact: Kathy Hotelling
kathyhotelling@gmail.com

1131 US15/501, Ste. 107/171
Chapel Hill, NC 27517
Phone: (919) 265-3390

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Families as Leaders, Information Systems

North Carolina PTA

The North Carolina PTA (NCPTA) is the state's oldest and largest volunteer organization advocating for the education, health, safety and success of all children and youth while building strong families and communities. PTAs across



A Program of Mental Health Transformation Alliance (MHTA)

North Carolina impact more than 685,000 children and their families.

Contact: <http://ncpta.org/>

3501 Glenwood Ave.
Raleigh, NC 27612
Phone: (919) 787-0534

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Resource Directories, Youth as Leaders, Partnership, Families as Leaders, Advocacy, Other-Schools, Communities, Fund Raising, Board Development

The North Carolina Perinatal Association

Our mission is to improve perinatal health for childbearing families throughout the state by providing continuing education for perinatal providers across North Carolina and increasing awareness of advocacy issues related to maternal and neonatal health.

Website: <http://www.ncperinatalassociation.org/>

Contact: Kimberly Harper
kimberly_harper@med.unc.edu

Sherika HiSmith George
sherika@gmail.com

P.O. Box 14089
Raleigh, NC
Phone: 919-707-5688

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Resource Directories, Other-Continuing Education



A Program of Mental Health Transformation Alliance (MHTA)

Parents as Collaborative Leaders

Training available through the Division of Public Health through Christy Moore, Family Liaison Specialist. There is also a parent advisory group at the Division.

Contact: Christy.Moore@dhhs.nc.gov

Phone: (919) 707-5605

Mental Health America of Central Carolinas – ParentVoice Program

ParentVOICE is an MHA program staffed by parents and caregivers of youth with emotional, behavioral, or mental health concerns. We provide trained and caring Family Support Specialists to help families navigate the education, child welfare, juvenile justice, and mental health systems. We also provide an opportunity for parents to connect with other parents and caregivers facing similar issues. ParentVOICE provides the education, support and resources that you need to help your child. The ParentVOICE program supports the principles of Integrated Care and System of Care.

Website: <https://mhaofcc.org/program/peer-and-family-support>

Contact: Candace Wilson

cwilson@mhacentralcarolinas.org

3701 Latrobe Drive, Suite 140

Charlotte, NC 28211

Phone: (704) 365-3454

Coverage Area: Mecklenburg & Cabarrus Counties Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Youth as Leaders, Trauma Informed, Families as Leaders, Information on Systems, Co-Training as an Agency/Family/Youth Team, Other-Suicide Prevention/De-Escalation, Triple P, Support Groups, PhotoVoice

Prevent Child Abuse North Carolina

Prevent Child Abuse North Carolina ensures that child maltreatment prevention is a priority for North Carolina and all communities have the knowledge, support and resources to prevent child abuse and neglect.



A Program of Mental Health Transformation Alliance (MHTA)

Website: www.preventchildabusenc.org

Contact: Sharon Hirsh
shirsch@preventchildabusenc.org

Melea Rose Waters
mrosewaters@preventchildabusenc.org

3000 Aerial Center Pkwy, Suite 180
Morrisville, NC, 27560
Phone: (919) 829-8009

Coverage Area: *Statewide* Trainings Available: *Yes*

Area(s) of Expertise: Advocacy, Partnership, Trauma Informed, Resource Directory, Other-Community Development Around Prevention of Child Abuse, ACE's, Child Development

SAYSO

The mission of SaySO is to work to improve the substitute care system by educating the community, speaking out about needed changes, and providing support to youth who are or have been in substitute care.

Website: <http://www.saysoinc.org/>

Contact:
Sayso@chsnc.org

Phone: (800) 632-1400

Coverage Area: *Statewide* Trainings Available: *Yes*

Area(s) of Expertise: Advocacy, Youth as Leaders, Partnership, Trauma Informed, Leadership Styles, Resource Directories, Information on Systems, Co-Training as an Agency/Family/Youth Team



A Program of Mental Health Transformation Alliance (MHTA)

TASH

NC-TASH realizes that there is a need for a strong advocacy organization for people with intellectual and developmental disabilities in North Carolina to promote “equity, opportunity, and inclusion”. NC-TASH’s mission is to serve as an advocacy organization that will include professionals, parents and family members, persons with disabilities, and other North Carolina citizens who advocate for the rights of people with disabilities. NC-TASH aims to focus on improvements through legislation, policy development, education, information dissemination, and direct support.

Website: <https://tash.org/chapters/nc-tash/>

Contact: Karena Cooper-Duffy, President
kcooper@wcu.edu

Triangle area CHADD

CHADD's mission is to improve the lives of people affected by AD/HD through: Collaborative Leadership, Advocacy, Research, Education and Support.

Contact: support@trianglechadd.com

Website: <https://www.chadd.net/chapter/176>

PO Box 30457
Raleigh, NC 27622-0457
Phone: (919) 229-9ADD Or (919) 229-9233

Youth MOVE

Youth Motivating Others through Voices of Experience (M.O.V.E.) is a young-adult led advocacy organization. Youth MOVE is a diverse collective of young adults who empower themselves to advocate for their rights and rights of other youth at the local, state and national level. We raise awareness of youth struggles across all systems and work to reduce the stigma attached to mental health. We are devoted to improving services and systems that support young people.



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As the Statewide Chapter of Youth M.O.V.E, North Carolina Families United will promote the involvement of young adults throughout the state by Assisting young adults and agency partners with bringing youth leadership development to their area Offering individual youth memberships to young adults interested in transforming systems (including mental health) while raising awareness and reducing stigma Improving youth involvement on decision-making boards at the local and state levels Uniting the voices of young adults through youth leadership development and expanding local chapters of Youth M.O.V.E in North Carolina Creating opportunities for peer-to-peer mentoring.

Website: www.ncfamiliesunited.org/youthmove/

www.youthmovenc.org

Contact:

Lacy E. Flintall, Jr., Youth Transition Program Director

lacyflintall@gmail.com

795 Boone Station Drive,

Burlington, NC 27215

Phone: (336) 395-8828

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Youth as Leaders, Co-Training as an Agency/Family/Youth Team



A Program of Mental Health Transformation Alliance (MHTA)

University Programs

Center for Family and Community Engagement

The mission of the Center for Family and Community Engagement is to advance safe, healthy, and productive families and communities. The center fosters family-community-academic partnerships that are relevant and responsive to families and communities. The center builds these partnerships by supporting community engagement, offering training and technical assistance, and providing evaluation and research. The Center works with interdisciplinary partners on both research and practice at the local, national, and global levels to improve family and community health and well-being.

Website: <https://www.cface.org/>

Contact: cfaceinfo@ncsu.edu

Campus Box 8622,
Raleigh, NC 27695-8622
Phone: (919) 513-2339

The Center for Youth, Family and Community Partnerships

The Center's role is to advance the research and outreach vision and mission of the University, to build social capital, and to enhance the visibility of UNCG's research enterprise. Consistent with its mission, Center initiatives focus on school-based prevention and intervention programs; childhood mental health and positive youth development; family strengthening; juvenile justice, court interventions and community safety; community health; system of care and cultural competency; and workforce development to advance educational success, health and well-being.

Website: <https://cyfcp.uncg.edu/>

Contact:

1400 Spring Garden Street,
Greensboro, NC 27412

Phone: (336) 334.5000



A Program of Mental Health Transformation Alliance (MHTA)

Duke Center for Child and Family Policy

At the Center for Child and Family Policy, we pursue science-based solutions to important problems affecting today's children and families. The Center emphasizes the bridge from research to policy and practice through an integrated system of research, teaching, service and policy engagement.

Contact: Sarah Brantley
sarah.brantley@duke.edu

Website: <https://childandfamilypolicy.duke.edu/>

Phone: (919) 613.9303 or (919) 668.3279

UNC Center for Maternal and Infant Health

Our goal is to improve the health of North Carolina's women and infants.

Contact: Sarah Verbiest
sarahv@med.unc.edu

Website: <https://www.mombaby.org/>

Room 3018 Old Clinic Building
Campus Box 7181
Chapel Hill, NC 27599-7181

Phone: (919) 843-7865

Coverage Area: Statewide Trainings Available: Yes

Area(s) of Expertise: Resource Directories, Other-Sleep Safe, Tobacco Cessation, Preconception Health, Contraception



A Program of Mental Health Transformation Alliance (MHTA)

State Programs

NCDHHS Division of Public Health Children and Youth Branch

The Children and Youth Branch helps all North Carolina children to grow, develop and be healthy. We do this through health promotion, prevention, early identification, treatment and intervention. With the help of the Children and Youth Branch Family Partners for Children with Special Health Care Needs, Branch programs and services are offered within family-centered, community-based systems of care. The Branch manages many programs and services.

Website: <https://publichealth.nc.gov/wch/aboutus/childrenyouth.htm>

Contact: cfaceinfo@ncsu.edu

2001 Mail Service Center
Raleigh, NC 27699-2001

Phone: (919) 855-4800

Coverage Area: Statewide

Trainings Available: Yes

Area(s) of Expertise: Advocacy, Disability Specific Information, Leadership Styles, Families as Leaders, Other-Healthy Sexuality for children & youth with Special Needs, Triple P-Teen & Baby



A Program of Mental Health Transformation Alliance (MHTA)