Volume 7 | Issue 2 | August 31, 2023



### Sidewalk Chalk

#### **OUR VISION**

All children in Randolph County enter kindergarten healthy & ready to succeed in school and life.

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"Summer's lease hath all too short a date."

 $-William\,Shakespeare$ 

## The Basics Principles:

**Unlocking the Power of Maximize Love, Manage Stress** 





Let's delve into the heartwarming world of "Maximize Love, Manage Stress" – a powerful principle that sets the stage for our little ones' bright future!

When caregivers shower their children with affection and respond to their needs, a beautiful bond blossoms, fostering a sense of security that lasts a lifetime. But it's not just about warm fuzzies! This loving environment also works wonders for our kids' brains. Early childhood is a critical period for brain development, and the love and care they receive stimulate neural connections, boosting their cognitive abilities and setting the stage for endless possibilities!

Learning to manage emotions becomes essential as our children encounter life's ups and downs. By providing a supportive atmosphere, caregivers equip children with the tools to handle stress and emotions, cultivating resilience that will carry them through life's challenges. Empathy, cooperation, and kindness are values we all hold dear, and "Maximize Love, Manage Stress" helps us instill these virtues in the hearts of our children. They learn to share, care, and understand the feelings of others, creating a brighter, more compassionate world!

To further explore the wonders of this principle, watch the video below.



Let's continue nurturing a generation filled with love, resilience, and kindness – a generation that holds the key to a brighter tomorrow! Together, we can make a world of difference.

These principles are stepping stones into the wonderful interactions between child and caregiver that strengthen their bonds. For more information about The Basics Randolph, please click below. If you would like to learn how your organization can help support The Basics Randolph please email <a href="Kim">Kim</a> Radcliffe.

**Visit The Basics Randolph website** 

## We Want Your Input!



Join us in shaping a brighter future for our local children and families! The Randolph Partnership for Children is conducting a short, anonymous survey to understand how we're reaching our community and the impact of our interactions. It only takes three minutes to complete, and your feedback will guide the development of our programs to better serve your needs. Your privacy is respected, and participation is entirely voluntary. Click the button below to share your voice!

#### Take the Survey

## Community Resource Spotlight: Regional Coordinated Area Transportation System



For those of you who are unfamiliar, we're excited to introduce the Regional Coordinated Area Transportation System (RCATS), an essential resource providing reliable public transportation service to all Randolph and Montgomery County residents.

RCATS offers curb-to-curb transportation services for older adults, persons with disabilities, human service agencies, and the general public. Riding with the system means traveling in clean and dependable vans, some equipped with special accessibility features for added comfort. Their drivers are trained in First Aid, CPR, defensive driving, and other safety-related areas, ensuring your safety is a top priority. For seniors over 60, RCATS provides FREE rides, making it easier for them to access transportation when needed. For others, fares are kept nominal, ranging from \$2-\$10, ensuring transportation is affordable for all. Whether you need to commute to work, attend medical appointments, or run errands, they are here to support your travel needs.

Make your reservations today and experience the convenience of RCATS transportation! Visit http://www.senioradults.org/Transportation.html for more

information.

Don't forget to explore the Randolph Partnership for Children's online Family Resource Guide, where you can find RCATS and other valuable resources catered to families in our community.

We strive to connect our community members with vital resources. Remember to check out the Family Resource Guide on the Randolph Partnership for Children's website for more valuable information and support.

Visit Our Online Resource Guide

### Thank You to Our Volunteers

and Other Opportunities



A heartfelt thank you to all our volunteers who recently helped with the Books for Babies bags. What would have been a two-hour task was completed in less than thirty minutes, truly proving that many hands make light work. If you're interested in volunteering, there are more opportunities on the horizon! To ensure you're the first to know, please click the button below to fill out our volunteer interest form and join that mailing list.

Here are some immediate volunteer opportunities you might consider:

**Book Delivery** - Our goal is to consistently offer a variety of book choices in the Little Free Libraries (LFL) throughout Randolph County. We're seeking volunteers to collect books from the Partnership and distribute them to various LFL locations in the area.

**Committee Membership** - Consider joining one of three committees: NC Pre-K, Grant Review, or Sustainability. By doing so, you'll play a vital role in

shaping the future of Randolph County, all while giving back to the community in a meaningful way. If you are interested in serving on a committee please email Lisa Hayworth.

Volunteer Interest Form

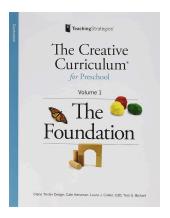
## **Gardening Fun**



This month we had the pleasure to view the incredible growing spaces and outdoor learning environment at Noah's Ark Playschool. During our time with Machala Vestal, Assistant Director, she shared with us her heart and passion for gardening with young children. "If each child we have is a tiny precious seed, what an enormous opportunity we possess to shape and cultivate a life! Gardening is the perfect avenue to not only watch life beautifully unfold before our eyes, but to share with each child the wonder of how something so small can produce such great beauty. Their tiny lives blossom even more when we as educators use such a simple task as gardening as a platform for teaching and cultivating life skills." M. Vestal

See More

# **Early Childhood Educator Training Opportunities**



#### Creative Curriculum: From Themes to Projects and Child-Led Planning

Bored with themes? Join us as we challenge our thinking about lesson plans and create activities that are child-led, hands-on, and fun for all! Participants will explore how to observe and identify children's interests, how to weave in Creative Curriculum goals, and how to extend learning for certain topics of interest.

Click here for more information and to register.



#### Supporting Scientific Thinking: Using Wonder, Play and Storytelling

Children are natural scientists. They are constantly exploring the world around them using all of their senses, asking questions, and making observations. In this workshop, participants will examine ways to expand on a child's sense of wonder using play and storytelling.

Click here for more information and to register.

**Training Calendar** 

## **2023 Partnership Annual Meeting**



Randolph Partnership for Children hosted its Annual Meeting Breakfast at the Pinewood Country Club. The event celebrated the organization's progress, introduced new board members while also celebrating the impacts of six directors whose terms are ending, and shared opportunities for the community to get involved.

The meeting opened with a welcome from Board Chair Marcelo Pariz, who set a warm and appreciative tone for the morning. Tracie Murphy, a fellow board member followed with a heartfelt moment of reflection.

**Read the Press Release Here** 

## **Board Highlight**

As we mentioned, we have gained five talented new board directors. Much like our Staff Highlight, we wanted to take some time to introduce these new members and let you know more about the people who support the work of the Partnership.

## **Beverly Mooney**



We are thrilled to introduce Beverly Mooney as the new Vice-Chair of the Board of Directors at the Randolph County Partnership for Children (RPC). Beverly, who is also the owner of Millstone Creek Orchards, brings a unique blend of agricultural knowledge and community engagement to our board.

#### Read the Full Blog Here

## **Resilience Screening**



Join The Randolph Partnership for Children and Randolph ChAMPS on Wednesday, September 6 from 4-5 PM for a screening of 'Resilience: The Biology of Stress & The Science of Hope.' This is a unique opportunity to delve deep into the impacts of stress and discover the science behind hope. After the screening, engage in a discussion and explore resources from local organizations. Reserve your FREE ticket now!

#### **RSVP Here**

We have many events this September so be on the look out for a special edition of Sidewalk Chalk!

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# Penciled In

- Monday, September 4: Office Closed in Observance of Labor Day
- Wednesday, September 6, 4PM: Resilience Documentary Screening
- Tuesday, September 12, 12PM: Family Engagement & Leadership Coalition
- Tuesday, September 12, 4PM: Family Jam
- Thursday, September 14, 4PM: Books for Babies bag packing
- Friday, September 15, 12PM: Supporting Resilience in Yourself
- Tuesday, September 19, 8:15AM: Board of Director's Meeting
- Wednesday, September 20, 12PM: <u>Lunch & Learn: In Plain Sight:</u> <u>Bedroom Project</u>
- Thursday, September 28, 4PM: Champs Meeting

Visit our Calendar

## Help us put kids first in Randolph County!

#### **Donate**



New & gently used books are used for placement in Little Free Libraries and given out at events.



Donations can be dropped off at the Partnership office at 349 Sunset Ave, Asheboro.



New infant blankets are given to families of newborns at Randolph Health Hospital.

Donations can be dropped off at the front desk at Randolph Health Hospital.

Visit our website

Randolph Partnership for Children | 349 Sunset Avenue, Asheboro, NC 27203

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