

Volume 7 | Issue 7 | January 30, 2023



Sidewalk Chalk

OUR VISION

All children in Randolph County enter kindergarten healthy & ready to succeed in school and life.

- **Bringing The Basics to Life: Daily Moments of Love and Learning**
- **How to Support Your Child's Mental Wellness**
- **Community Resource Spotlight: Child First**
- **Volunteer Opportunity: Sustainability Committee**
- **NC Pre-K**
- **Now Accepting Applications for the Susan Helsabeck Scholarship**
- **RPC Honored by Asheboro Randolph Chamber of Commerce**
- **Books for Babies Fundraiser**

"Love is not only something you feel, it is something you do. "

—David Wilkerson

Bringing The Basics to Life: Daily Moments of Love and Learning



Hello, caregivers! In our journey of nurturing young minds, we've explored The Basics foundational principles for early childhood development. Let's bring these principles to life through simple activities at various times of the day:

Morning Basics: Kickstart the day with love and engagement. Maximize love with morning cuddles and smiles. Manage stress by sticking to a predictable morning routine. Talk and sing while getting dressed or during breakfast. Point out the window to explore the day ahead.

Lunchtime Basics: Nourish hearts and minds during lunch. Maximize love by sharing stories and asking about your child's morning. Manage stress with a relaxed mealtime. Talk about the colors and flavors of the food. Sing a lunchtime song. Point out ingredients on their plate. Read and discuss a short story for dessert.

Indoor Play Basics: Make playtime an adventure indoors. Maximize love with imaginative play and laughter. Manage stress by organizing play areas and offering choices. Talk and sing during play. Point at objects during a scavenger hunt. Count and group toys by color or size. Explore through movement with a dance party.

Bedtime Basics: End the day with love and stories. Maximize love with bedtime stories and cuddles. Manage stress with a calming routine. Talk about the day and dreams ahead. Sing a soothing lullaby. Point at the pictures in their favorite storybook. Read and discuss stories to inspire sweet dreams.

These small, intentional steps bring 'The Basics' to life, nurturing love, language, math, and emotional skills. Embrace these moments with your little ones and watch them grow.



These principles are stepping stones into the wonderful interactions between child and caregiver that strengthen their bonds. For more information about The Basics Randolph, please click below. If you would like to learn how your organization can help support The Basics Randolph please email [Kim Radcliffe](mailto:Kim.Radcliffe@constantcontact.com).

[Visit The Basics Randolph website](#)

How to Support Your Child's Mental Wellness



Our world is super busy, and keeping our children mentally healthy is super important. For National Mental Wellness Month we have gathered some easy tips for parents and caregivers to help children feel good. We want our children to feel good in their brains as well as their bodies. Emotional resilience is important for success later in life.

Mental wellness means Children feel good inside, not just being without sickness. It's about being able to enjoy life, get through tough times, and do fun activities. Helping them with this early on is key for them to be mentally healthy when they grow up.

[Read Blog](#)

Community Resource Spotlight: Child First



In our commitment to mental wellness, we're proud to spotlight Child First this month. Child First is not just a program; it's a pathway to a healthier, happier future for our youngest community members and their families.

What Sets Child First Apart:

- **Two-Generation Approach:** Focusing on strengthening caregiver-child relationships, this approach ensures emotional growth and security for both children and their caregivers.
- **Enhanced Parenting Skills:** By promoting nurturing skills, Child First plays a pivotal role in fostering positive family dynamics.
- **Holistic Support:** Beyond emotional wellness, the program connects families with vital services, addressing various needs to ensure holistic care and support.
- **Home-Based Program:** This initiative is carried out in the familiar comfort of home, making it more accessible and effective.
- **Targeted Age Group:** Serving children from newborn to 5 years old, Child First addresses the crucial early stages of emotional and cognitive development.
- **Team-Based Approach:** A unique blend of a mental health clinician and a Family Resource Partner works closely with each family, ensuring personalized and comprehensive care.

Child First goes beyond traditional methods, addressing the root of emotional health issues and learning challenges. This proactive and preventative program is a game-changer in combatting child abuse and neglect, paving the way for a brighter future for our children.

[Learn more about Child First](#)

Visit Our Online Resource Guide

Volunteer Opportunity: Sustainability Committee



Nonprofit organizations are challenged to maximize impacts, successes, and efficiencies *today* while also visioning and preparing for *tomorrow*. The SUSTAINABILITY COMMITTEE for the Randolph Partnership for Children helps ensure that our nonprofit grows and thrives and is supported by local donors who know and understand our mission and connect with us through philanthropy and volunteerism.

The Randolph Partnership for Children's SUSTAINABILITY COMMITTEE held its first meeting for the spring fundraising season on Thursday, January 25 at 12:30 pm. But there is still time to join us!

A primary focus for our committee is to help plan the 2024 Gala for the Children, which will be held on April 20, 2024, and serves as the Partnership's leading generator of unrestricted giving by local donors. We will plan to meet 4 or 5 times between now and the Gala to ensure optimal success in raising corporate sponsorships, procuring exciting auction items, maximizing Gala attendance, ensuring a lively, fun-filled event, and finding creative ways to connect the Gala to the Partnership's mission.

If you would like to be involved please email [Lisa Hayworth](mailto:Lisa.Hayworth@randolphkids.org).

NC Pre-K

It's January which means we are accepting applications for the 2024-2025 school year. If you're unsure what NC Pre-K is, please watch the video below. For more information click the "Learn More" button, or email Heather Semler at hselmer@randolphkids.org



[Learn More](#)

Now Accepting Applications for the Susan Helsabeck Scholarship



Scholarship for Early Educators

We're excited to announce that the application period for the Susan Helsabeck Scholarship is now open! This unique opportunity is dedicated to Early Childhood Educators working in Randolph County who are pursuing higher education in the field.

The Susan Helsabeck Scholarship honors the memory of our beloved colleague, Susan Harris Helsabeck, a passionate advocate for early childhood education. Each year, the scholarship awards \$500 each to two deserving educators, aiding them in their journey towards a degree in Early Childhood Education.

Are you eligible?

- Are you an Early Educator in a child care program in Randolph County?
- Are you currently enrolled in a higher education institution?
- Are you aspiring to graduate with a degree in Early Childhood Education?

If you answered yes to these questions, we encourage you to apply! This is your chance to further your education and make a significant impact in the lives of our youngest learners.

Application Deadline: April 12, 2024, by 5:00 PM.

Don't miss this opportunity to advance your career and continue the legacy of excellence and dedication represented by Susan Helsabeck. For more information or to apply, please reach out to Scarlet Welborn at swelborn@randolphkids.org.

Together, let's shape the future of early childhood education.

RPC Honored by Asheboro Randolph Chamber of Commerce



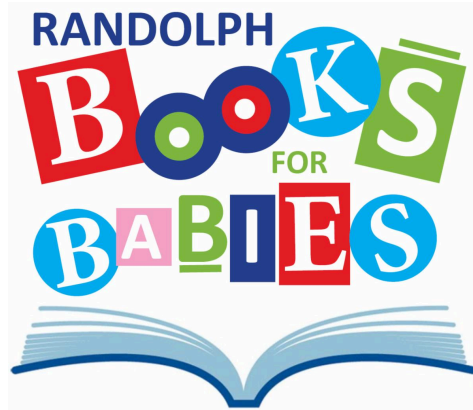
We are thrilled to announce that Randolph Partnership for Children has been named Organization of the Year at the 98th Asheboro/Randolph Chamber of Business annual meeting, held on Friday, January 26. This prestigious accolade reflects our commitment to the community and our dedication to improving the lives of families with young children in Randolph County.

In addition to this remarkable achievement, our very own Lisa Hayworth, our executive director, has been honored with the ATHENA Leadership Award. The ATHENA Leadership Award recognizes individuals or organizations that exemplify the highest level of professional excellence, contribute to the betterment of the community, and actively support others, especially women, in reaching their leadership potential.

We are incredibly proud of Lisa and our entire team for their outstanding contributions to our community. This recognition reaffirms our commitment to early childhood education and family support.

[Read Press Release](#)

Books for Babies Fundraiser



Exciting News! We are starting up a fundraiser it's all about supporting our Books for Babies program. We're on a mission to provide newborns and their families with the gift of literacy from the very beginning.

Your contribution of \$20 can provide a Books for Babies bag that includes two board books, information on safe sleep, and more to a newborn's family. When you donate you are making a big difference in nurturing the love for reading in our community's little ones. Help us create book-rich environments for children and set them on the path to success in school.

Donate now and be a part of this incredible journey. Can you help us raise \$400 to provide bags for 20 newborns?

[Donate](#)

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Penciled In

- **Thursday, February 8, 1 PM:** Sustainability Committee
- **Tuesday, February 20, 8 AM:** Board of Director's Meeting
- **Thursday, February 22, 4 PM:** ChAMPS Meeting

- **Monday, February 26, 12 PM:** NC Pre-K Committee



Visit our Calendar

*Help us put kids first in
Randolph County!*

Donate



New & gently used books are used for placement in Little Free Libraries and given out at events.

Donations can be dropped off at the Partnership office at 349 Sunset Ave, Asheboro.



New infant blankets are given to families of newborns at Randolph Health Hospital.

Donations can be dropped off at the front desk at Randolph Health Hospital.

[Visit our website](#)

Randolph Partnership for Children | 349 Sunset Avenue, Asheboro, NC 27203

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